

Block # _____

Date _____

2019 KPWCA MEMBERSHIP FORM

Member Information

All information provided will be entered into the Membership Database.

PLEASE check the boxes on the left below for information you want published in the Directory.

check
these
to
publish

Name
Address
Telephone
Email

Please enter amounts you would like to contribute to the following organizations or activities:

- | | |
|--|---|
| | Membership Fee (\$20 for each household) |
| | 1. Volunteer Fire Department |
| | 2. KPWCA Boy Scout Units |
| | 3. Robinson HS Drug/Alcohol Free Grad Party |
| | 4. TJHSST Drug/Alcohol Free Grad Party |
| | 5. Herald Newsletter |
| | 6. Unrestricted Community Use |
| | 7. Halloween Festival |
| | 8. Easter Egg Hunt |
| | 9. College Scholarships |
| | 10. Parks & Lake |
| | 11. Common Area Maintenance |

Cash
PayPal
or

Total Dollar Amount Check # (important)

Please make checks payable to **KPWCA** and mail to the address below, or return to your Block Captain
KPWCA, P.O. Box 7114, Fairfax Station, VA 22039-7114

Alternatively, go to www.kpwca.org and pay using Paypal

I'm interested in learning more about volunteering with: *(please check each)*

- Block Captain/ Membership Committee/Directory**
- Beautification & Gardening Group (BAGG)**
- Dumpster Day**
- Herald Newsletter**
- Neighbor Assist**
- Welcome Committee**
- Parks & Lake**
- Streets & Signboards**
- Neighborhood Watch**
- Other...**



Instructions for Using PayPal

1. Go to the <http://www.kpwca.org> website.
2. Near the center of the page at the bottom of the box, click on the link beside Option 2: "[Google Form - KPWCA Membership](#)" to complete the form online. Proceed to item 5, below.
3. If you prefer to use a paper form, click "[KPWCA Membership Form and Paypal Instructions](#)" and right-click the form to save a blank copy to your local drive. Then, open it from the saved location, type in your information and save it again or print it out. Make sure your data is visible after saving or printing. The saved version with your data can be emailed to membership@kwca.org. Or the paper form, once completed electronically or legibly by hand, can be given to your Block Captain. (Option 2 is much more streamlined.)
4. Decide what additional amounts, if any, you want to contribute in addition to the Membership Fee. Make a note of the number next to that organization or activity in the chart (1-11).
5. Click on the "Donate" button.
6. Enter in the **TOTAL** amount of your Donation: \$20 Membership + any additional.
7. If you have a PayPal account, log in.
8. If you don't have a PayPal account, that's ok, you don't need one! Simply click on the "Continue" button on the bottom left under "Don't have a PayPal Account?" Then enter your billing and credit card information. (You can be sure the transaction is secure if you see "https" near the beginning of the web address at the top of your browser window.)
9. Click Continue.
10. At the next screen, you will be asked to review your donation.
11. If you used the Google form, skip to step 13. Otherwise, under "Kings Park West Civic Association Membership", click on the little pencil icon or "Additional Contributions" if you are making optional contributions in addition to the \$20 membership fee. A drop down box will open up.
12. Refer back to the membership form and use the number in front of the organization or activity in the chart (1-11) to type into that box how your contributions above the \$20 are to be used.

For example, if you want to donate \$25 to the Volunteer Fire Department, you would enter 1-\$25. For a \$30 contribution to Parks and Lakes, you would enter 10-\$30, and so on.

13. Once that is completed, click "Donate Now" and you're done with your payment!

If you don't use the on-line Google form, it's imperative that you provide us a paper copy of the form. Double-check to make sure "PAYPAL" is checked, the total dollar amount is entered and the date paid is clearly indicated at the top of the form. Then, be sure to either email the completed form to membership@kwca.org or give a printed copy of your completed form to your Block Captain.

If you have any questions, please don't hesitate to contact us at membership@kwca.org.



September 2018

Vol. 48, Issue 6

Kings Park West Civic Association

Greetings, Neighbors.

The summer has gone by quickly. School is back in session, and the daylight hours are getting shorter. Please remember to slow down when driving around the neighborhood, and watch for pedestrians and bicyclists.

The beginning of fall means many of the Association activities will be underway. The annual membership drive will take place during the month of October, and your block captain will be making contact soon. I am always amazed at the level of effort that goes into this drive, with 100 blocks within our community. Your Association membership helps supports many important efforts, such as publishing The Herald, funding scholarships, scouting groups, community social events, and grounds maintenance around our neighborhood entrances. Please be assured that your membership support contributes greatly to the vibrancy of our community.

The 2018 Annual Halloween Festival planning is underway. Keith Jodoin has kindly volunteered to head up this event again this year. He has lots of fun activities planned. Mark your calendars for Sunday, October 21st (rain-date is Sunday, October 28th) from 1:45 pm to 4 pm. More details to come.

Please also mark your calendars for the **2018 Annual Membership Meeting, Tuesday September 25th at 7:30 pm at Robinson Secondary School in Davala Hall.** Ed Richardson, Fairfax County Park Authority, Area Park Manager, will be attending the meeting to discuss the renaming of park parcels surrounding Royal Lake. Lakeside Park, located at Pommeroy Drive and Bronte Drive, which includes the playground, parking lot, basketball courts and athletic fields, will retain its name. All other park properties surrounding Lake Royal is recommended to be named Royal Lake Park. Please see Page 15 for a map with the current park names and recommended park names. He will also be available for questions and discussion during the meeting.

Continued on Page 5

In this Issue:

- Interested in volunteer opportunities? Check out Page 5 to see how you can help. And Weed Warriors are needed for the Workday scheduled on **September 22nd** at Royal Lake. See Page 13 for details.
- Unable to attend the Annual Membership Meeting on September 25th? See Page 6 for the Proxy Form.
- Activities abound this fall for the family. Check out *Get Off the Couch* on Page 12 for family-friendly fun.

KINGS PARK WEST CIVIC ASSOCIATION

P.O. Box 7114, Fairfax Station, VA 22039-7114

www.kpwca.org

OFFICERS

| | | |
|------------------|--------------------|--------------|
| President | Jeanmarie Roberson | 703-425-1286 |
| Vice-President | Steve McCarty | 703-978-0222 |
| Secretary | Frank Cumberland | 703-426-2868 |
| Treasurer | Jim Mays | 703-978-0317 |
| Members-At-Large | Adrienne Barna | 703-323-0518 |
| | Mary Crowder | 703-239-2581 |
| | Jonathan Reiser | 571-423-8030 |

COMMITTEES

B.A.G.G. **Vacant**

Community Support Services

| | | |
|----------------------|-----------------|--|
| Consumer Affairs | Mary Hovland | 703-946-1775 |
| Dumpster Day | Mary Hovland | 703-946-1775 |
| GMU Student Liaison | Vacant | |
| Neighbor Assist | Bruce Wallachy | 703-401-0275 |
| Welcoming | Melissa Morgan: | welcome@kwpa.org |
| Zoning, Code, Safety | Jackie Agnew | 703-862-8471 |

Communications

Herald Newsletter:

| | | |
|------------------------|--------------------|--|
| Display Editor | Leah Larson-Taylor | 703-283-0208 |
| Communications Editor | Samantha Juni | 703-395-4049 |
| Herald Advertising | Samantha Juni | 703-395-4049 |
| Herald Classifieds | Ejona Lika | classified@kwpa.org |
| Signboards | Adrienne Barna | 703-323-0518 |
| Web Admin | Kathy Shifflett | website@kwpa.org |
| Membership | Patti Dickerson | membership@kwpa.org |
| NW Coord. | Tara Mooney | tarajmooney@yahoo.com |
| Parks & Lakes | Sarah Lennon | 703-978-5608 |
| Invasive Species | Greg Sykes | 703-426-8246 |
| Signs, St.s, Sidewalks | Jeff Root | 703-323-4438 |

Special Activities

| | | |
|--------------------|--------------------|--|
| Easter Egg Hunt | Pack 1967 | |
| Halloween Festival | Jeanmarie Roberson | 703-425-1286 |
| | Keith Jodoin | kjodoin@gmail.com |
| Scholarships | Gayle Ostrom | 703-323-0206 |

Email Addresses for KPWCA Inc.

OFFICERS

| | |
|-----------|--|
| President | President@kwpa.org |
| Treasurer | Treasurer@kwpa.org |

COMMITTEES

| | |
|------------------------|--|
| Membership | Membership@kwpa.org |
| Welcome Coordinator | Welcome@kwpa.org |
| Consumer Affairs | Consumer@kwpa.org |
| Zoning | Zoning@kwpa.org |
| B.A.G.G. | BAGG@kwpa.org |
| Parks & Lakes | Parks@kwpa.org |
| Signs, St.s, Sidewalks | St.s@kwpa.org |
| Neighborhood Watch | Watch@kwpa.org |
| Scholarships | Scholarships@kwpa.org |
| Neighbor Assistance | NeighborAssist@kwpa.org |

HERALD STAFF

| | |
|------------------------------|--|
| Editor | Editor@kwpa.org |
| Classifieds | Classified@kwpa.org |
| Advertising | See Below |
| General Information | Info@kwpa.org |
| Community Association | KPWHO@yaho.com |

How Do I Advertise in The Herald?

CLASSIFIEDS: KPWCA Newsletter classified advertisements for the October 20th issue must be received no later than October 3rd by Ejona Lika, 9810 Bronte Drive, Fairfax, VA 22032, or email classified@kwpa.org. Please print clearly, and include payment to KPWCA. Furnish your name, address, and phone number. Rates: KPWCA members, \$2 for each 15 words; nonmembers, \$5 first 25 words, plus \$3 for each additional 15 words. Found items listed free.

ADVERTISEMENTS: KPWCA Newsletter Advertisements are received by Samantha Juni; please email editor@kwpa.org. Contact Samantha for rates.

How Do I Get My News in The Herald?

The easiest way to get your news items in The Herald is to e-mail the editor at editor@kwpa.org. We invite items on neighborhood schools, churches, organizations, and other noteworthy neighborhood news. News items and letters will be published if deemed suitable and as space permits. We reserve the right to edit any item submitted to The Herald. Acceptance of news items does not constitute endorsement by KPWCA.

How Do I Join the Kings Park West Civic Association?

Send your name, address, and phone number, along with a check for \$20.00, to KPWCA, P.O. Box 7114, Fairfax Station, VA 22039-7114. Members receive the Community Directory and support from community programs such as Neighborhood Watch, Scholarship Awards, community social activities, Parks & Lakes Clean-up, and a free subscription to The Herald. Alternatively, go to www.kpwca.org and pay using PayPal.

The Herald

Published eight times yearly by the KPWCA.

NEXT DEADLINE is October 3, 2018

for delivery on October 20, 2018

Note: Acceptance of articles and advertising does not constitute endorsement by KPWCA, nor liability for products or services advertised in its publications.

SUBSCRIPTIONS: If you are moving out of the neighborhood and want to keep in touch with what's happening, gets a subscription. Send \$20 per year to:

KINGS PARK WEST CIVIC ASSOCIATION
P.O. Box 7114, Fairfax Station, VA 22039-7114.

Volunteer Opportunities

Herald Classified Ads Coordinator: *2-4 hours per issue.* Receives and organizes all classified ads by coordinating communication with interested parties, manages and submits fees, and maintains the ads and payment records database. Please contact classified@kpwca.org or call 703-459-4577.

Herald Display Ads Coordinator: *2-3 hours per issue.* Coordinates communication with interested parties for business ads, manages and submits fees, and maintains the payment records database. Please contact editor@kpwca.org.

KPWCA Sign Posting: *30 minutes per month.* KPWCA maintains three signs that serve to keep KPW residents informed of community activities. We have a team for each sign and would like to add a member to each team. Responsibility is to post announcements provided by the KWPCA Board periodically throughout the year.

Parks & Lakes Committee: We are looking for 3-5 motivated members to help plan and organize twice-a-year park/lake clean-ups. *A few hours per month in the months leading up to the April and October clean-ups.* Please contact Sarah Lennon at parks@kpwca.org and/or sarahgjlennon@gmail.com.

B.A.G.G. Coordinator: *1-2 hours per month.* Coordinates annual contract for common area maintenance, coordinates purchase/delivery of mulch for common areas, coordinates common area clean ups with volunteers, monitors the KPW subdivision signs and signboards for maintenance and arranges for repairs. Please contact Jeanmarie at president@kpwca.org.

Neighbor Assist Volunteers: *As needed.* Looking for friendly callers (a great way to volunteer without having to leave your home), computer experts to provide IT assistance, and handyman volunteers. Contact Bruce Wallachy at wallbdc@gmail.com or call 703-401-0275.

Road Raiders: *1/2 hour each month.* Performs common area clean-up around neighborhood once per month early Saturday mornings. Please contact Sarah Lennon at sarahgjlennon@gmail.com.

Invasive Management Area: *3 hours a few times per year.* Details at www.grsykes.com/main.php?page=32. Send an e-mail to greg@grsykes.com and ask to be on the volunteer distribution list.

Continued from Page 1

Also, all members will vote on the Board Officer positions and the 2019 Association Budget. Please contact Jonathan Reiser, Member at Large, at boardmember1@kpwca.org, or simply come to the meeting and add your name to the ballot for any of the following Board positions:

| | |
|-----------------|--------------------------------|
| President: | Jeanmarie Roberson (Last term) |
| Vice President: | Steve McCarty (Last term) |
| Secretary: | Frank Cumberland (Last term) |
| Treasurer: | Jim Mays |

I hope many of our members plan on attending. If not, please complete the proxy form within this edition of The Herald and send it with a neighbor who plans on attending. We appreciate your attention and efforts.

Earlier this summer, the Association was notified that our liability insurance coverage was being terminated because of handyman services offered as part the Neighbor Assist Program. We worked with our agent and the insurance coverage has been restored. We are currently reviewing our insurance coverage against all of our current community activities and sponsored initiatives. The Board appreciates and supports all volunteer efforts, and does not expect any permanent changes to KPWCA programs that we all enjoy. Your patience as we work through this review is appreciated. Please let me know if you have any questions or concerns.

I look forward to seeing many of you at the membership meeting. In the meantime, please contact me at president@KPWCA.org with any questions, feedback or concerns.

Sincerely, Jeanmarie Roberson

Kings Park West Civic Association

PROXY FORM

Each active civic association member as listed on the membership form may vote on Association business. Any current member wishing to vote by proxy must complete this form. This form may be given to a KPWCA member who will attend any time prior to a regular or special meeting of the Association. Proxy forms received after such meeting will not be accepted.

Name: _____

Address: _____

I assign _____ the authority to vote on my behalf regarding Association matters.

Signature: _____

Date: _____

Note: Membership Status of all parties will be verified upon presentation of a proxy. No individual may serve as proxy for more than two (2) members. Please contact editor@kpwca.org to obtain another proxy form.

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Need a Helping Hand?

Daughters and Dads from Girl Scout Troop 1356 are raising money in order to participate and travel to the 2020 Girl Scout Convention.

Raking leaves...



Shoveling snow...

Contact us at-

Troop1356Works@gmail.com



Troop1356
BROWNIES



Invasive Species Profile: Japanese Knotweed (*Fallopia japonica*)

By Greg Sykes (greg@grsykes.com)

Native Range: Japan, China, and Korea

U.S. Introduction: Late 1800s for ornamental erosion control

Life Cycle: Perennial

Means of Spreading: Rhizomes

Commercially Available: No

Control Method: Hand-pull small plants; most patches require herbicide treatment

Good Alternative Species: Goatsbeard (*Aruncus dioicus*), Virginia sweetspire (*Itea virginica*)

Comments: Japanese knotweed (*Fallopia japonica*; classification synonyms include *Reynotria japonica* and *Polygonum cuspidatum*) first gained global notice as an ornamental plant. Shield-shaped leaves alternate along zigzagging branches. Clusters of tiny, cream-colored flowers bloom along these branches. Whereas plants often share male and female components on the same specimen, Japanese knotweed comes as either one sex or the other. At up to ten-feet tall, this herbaceous forb could be mistaken for a shrub. The straight stems resemble bamboo because of the nodes along their length. All of the stems and foliage die back each winter and re-emerge in full force from roots the following spring. Like bamboo, Japanese knotweed primarily spreads via rhizomes (i.e., long, subsurface roots). The extensive root system, previously hailed for erosion control, adapts to many soil conditions and penetrates up to ten-feet deep.



Figure 1. Japanese knotweed blooms from middle through late summer. This weed forms tall, dense mats that prevent other plants from growing.

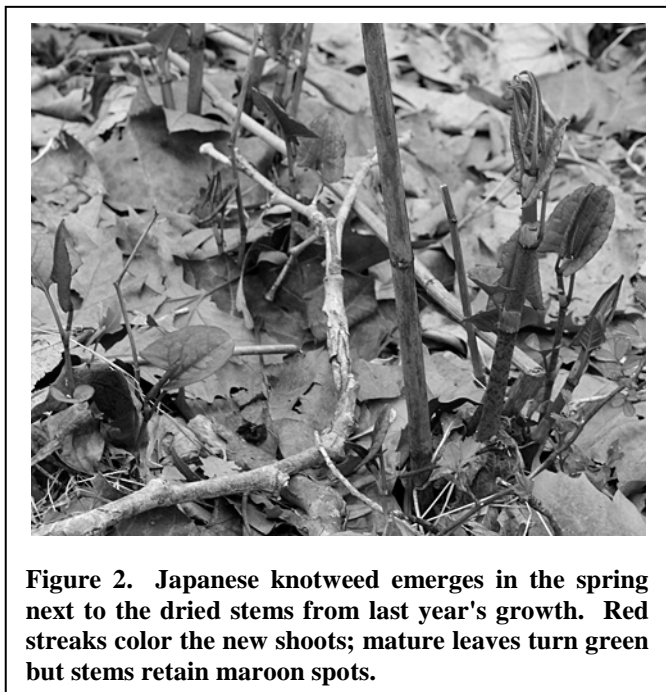


Figure 2. Japanese knotweed emerges in the spring next to the dried stems from last year's growth. Red streaks color the new shoots; mature leaves turn green but stems retain maroon spots.

Japanese knotweed's global presence alludes to its adaptability. Outside of its Far East homeland, it is one of the world's most invasive weeds. This spread can be traced to German botanist and doctor, Philipp Franz von Siebold. By propagating a single specimen, he introduced Japanese knotweed to the west. By 1848, it was distributed as an ornamental plant. However, late 19th century Victorian gardeners watched their knotweed samples explode into out of control weeds. By this time, the genie was out of the bottle. Today, Japanese knotweed is one of Europe's top 100 invasive species, plagues much of North America, is listed as "unwanted" in New Zealand, and gardeners in Australia are urged to reject this plant before it becomes a weed Down Under! Other countries dealing with it include India, South Africa, and Brazil. Literally, Antarctica is the only continent unconcerned with Japanese knotweed – for now!

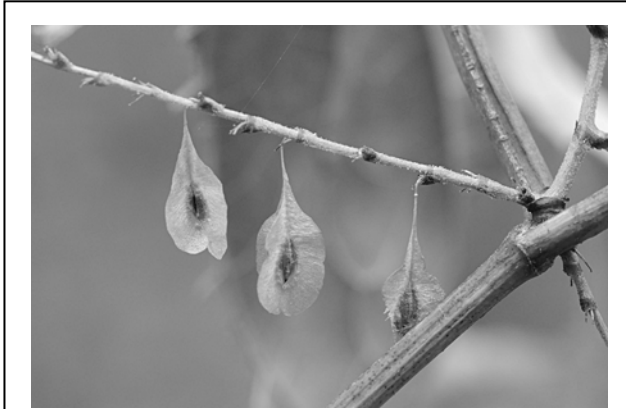


Figure 2. Many of the individual plants outside of Japanese knotweed's native range come from a single specimen's cuttings (and hence a single sex), so most of the seeds are either not viable or form weak hybrids with related species. Therefore, the spread primarily comes from deliberate propagation through cuttings, root fragments dislodging and washing into other areas, and improperly disposing plant debris.

Within the U.S., Japanese knotweed grows anywhere from wetlands (freshwater to briny shores) to well-drained hillsides; from its preferred open sunny spots to shaded forests. In Northern Virginia, it infests both public lands and private properties. It is not yet established in the parks connected to Royal Lake. Volunteers and ecologists monitoring these natural areas remain on the lookout for this weed since it grows close by, such as the southern roadside of Zion Drive near Ox Road. *Fallopia* is also found on Braddock Road's southern edge between Trinity Christian School's driveway and Prestwick Drive.

Since only small root sections of Japanese knotweed are sufficient to start a new plant, digging out specimens tends to be ineffective for all but small, newly established plots. The plant debris must be sent to either an incinerator or a landfill; never throw Japanese knotweed in with yard waste recycling because the rhizomes can survive processing and spread elsewhere! Cutting back newly emerging vegetation is an inefficient control measure,

because the roots' vast energy reserves enable shoots to keep emerging year after year. Herbicide treatment is the best method to kill this tenacious weed. In Fairfax County parks, Japanese knotweed is beyond the scope of Invasive Management Area (IMA) volunteers and only targeted by licensed contractors.

A terrific native alternative to Japanese knotweed is Virginia sweetspire (*Itea virginica*). This woody shrub reaches eight-feet tall and produces cream-colored flowers in late spring. Whereas it likes sunny places with moist soil, this bush adapts to other locations. The chromatic autumn foliage ranges from reds to yellows. A perennial forb that only grows to three-feet and also produces off-white blooms in the spring is goatsbeard (*Aruncus dioicus*).

For more information on Japanese knotweed:

www.invasiveplantatlas.org/subject.html?sub=19655
www.invasive.org/biocontrol/12Knotweed.html
www.invasivespeciesinfo.gov/plants/knotweed.shtml
www.lawplainandsimple.com/legal-guides/article/the-day-of-the-knotweed
www.phlorum.com/blog/2017/07/19/how-japanese-knotweed-spreads/

For further reading and links to additional resources, see the full article by scanning the QR code with your smart phone or go to:
www.grsykes.com/pdf/eco-articles/85a_2018-09.pdf.



* * * * *



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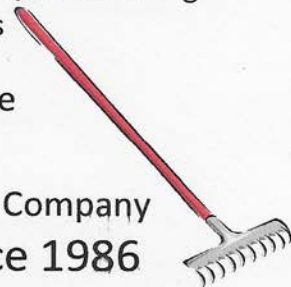
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Pack 1968 News

Happy Autumn!

We hope all of our friends are having an excellent start to the new school year. With school back in session, that means Scouts is in full swing!

Packs 1968 and 1967 traveled three hours southward to Goshen. The Scouts spent a week in the woods averaging ten miles of walking each day. Even though it rained the majority of the time (so much rain!), there was still much fun to be had and memories to be made. The boys partook in activities such as archery, scout craft, scavenger hunts, nature, sing-a-longs, water sports, salamander and crawfish hunting, enjoying cold slushies, hiking, campfires, and playing corn hole.

And the Potomac Nationals won! The Scouts ran the bases, watched *The Sandlot* on the big screen, camped out in left field, and dreamed of baseball after a fun-filled evening of America's favorite pastime.



During our annual Bike Rodeo at Laurel Ridge right before school started up again, bike safety was discussed, bikes were checked, and games like the newspaper toss, obstacle course, water balloon jousting, snail race, and long race were played. And like last year, the water balloon jousting appeared to be the popular event!

As always, it takes a village. Many thanks to everyone that made all of these events a success!

Pack 1968's upcoming events include:

- September 5th – Activities Fair – 6:30 pm at Laurel Ridge
- September 16th - Rocket Derby – 2:00 pm at Lakeside Park
- September 22nd - New Scout BBQ – 4:00 pm at a location TBD
- October 6-8th – Campout at Burke Lake Park

After such a hot summer, we welcome Fall to Kings Park West with open arms and hope to see you all at our upcoming Halloween Festival. Details to come in the next edition of The Herald.



Get Off the Couch*A roundup of family-friendly weekend events around the region...***September 29-30****Fall for Fairfax/Kidfest**

Northern Virginia's largest fall festival returns to the Fairfax County Government Center. The festival is geared for kids age 12 and under. Live entertainment, a petting zoo, model train exhibits. Admission and most activities are *FREE* but there is a charge for the Kidway Midway carnival rides and a few other activities. Saturday 10 am – 7 pm, Sunday 10 am – 5 pm. fallforfairfax.com/

Occoquan Arts and Crafts Show

Historic Occoquan comes to life with 300 contemporary crafters/artisans, live entertainment & great food. *FREE* Saturday 10 am - 6 pm, Sunday 10 am - 5 pm. www.occoquanva.gov/arts-and-crafts-show.html

Fort Belvoir Oktoberfest

Enjoy traditional German food like schnitzel, bratwurst, and sauerkraut with bacon and apples. Kid-friendly activities include carnival rides, musicians, and dancing. Beer is not the focus of this festival, but will be served. *FREE* and open to all. Starts Thursday at 6 pm. Saturday noon – 11pm. Sunday noon – 8 pm. belvoir.armymwr.com/programs/oktoberfest

Turkish Festival

Experience authentic Turkish culture and cuisine in downtown Washington. This *FREE* celebration will include folk dancing, traditional Turkish music, a "kids tent", and fortune telling. You can also shop in the Turkish Bazaar, and enjoy authentic Turkish coffee and other Turkish food. Sunday only. 11 am – 7 pm. Penn Ave. between 12th and 14th St. NW. www.turkishfestival.org/

October 6-7**Taste of Bethesda**

At the annual Taste of Bethesda, you'll get to sample the foods of more than 60 restaurants, enjoy five stages of live entertainment and visit the kids' corner for arts & crafts, face painting and balloons. Saturday 11 am – 4 pm. www.bethesda.org/bethesda/taste-bethesda

Clifton Day

The festival will have entertainment including Irish dancers, free face painting and petting zoo, pony rides in the barn and train rides. The VRE is scheduled to provide special train service from Burke Center (10:08, 11:40, 1:18 and 2:53) and Rolling Road stations (the train ride to Clifton is FREE and the return trip costs \$5 for kids and adults, babies under two ride free). Sunday 9 am – 5 pm. Main Street, Clifton. www.cliftonday.com/

Greek Festival

Come out for authentic Greek food, desserts, dancing and entertainment, starts Friday at 6 pm. Saint Katherine Greek Orthodox Church, 3149 Glen Carlyn Road, Falls Church.

October 13-14**42nd Annual City of Fairfax Fall Festival**

Join us for over 400 arts, crafts, information, food & gourmet food vendors, children's activities and three stages of music and entertainment for all ages. *FREE* 10 am – 5 pm (carnival ends at 8:30 pm). Saturday only. 3999 University Dr. www.fairfaxva.gov/government/parks-recreation/special-events/fall-festival

Fall for the Book Festival October 10-13

Fall for the Book is an annual celebration of reading sponsored by GMU and the City of Fairfax. Readers of all ages can meet their favorite authors. Multiple events for children/youth are scheduled at Old Town Hall, Fairfax City, Saturday, 10:30 am - 5:30 pm. fallforthebook.org/

October 20-21**Boo at the Zoo**

Visit bats, spiders, owls, and other animals while trick-or-treating at the National Zoo in DC. Enjoy animal encounters, keeper talks, festive decorations, and haunted trails at this Halloween celebration. Advance tickets required. nationalzoo.si.edu/events/boo-zoo

Mount Vernon Fall Harvest Days

Celebrate the season with horse-drawn wagon rides, wheat treading in the 16-sided barn, a straw bale maze, early-American games, music and demos. 9 am – 5 pm. www.mountvernon.org/plan-your-visit/calendar/events/fall-harvest-family-days/

Colonial Market Fair

Taste warm meat pies, yummy bread, and delicious local apples. Warm yourself by the fire and enjoy entertainment from period performers. There's even a tavern where you can try mulled wine. Saturday and Sunday 11 am – 4:30 pm. Adults \$8, Children 3-12 \$4, Seniors \$4. At Claude Moore Colonial Farm, McLean. 1771.org/marketfair/

And happening all month, October 1st through October 31st: the **25th annual Fall Festival and Pumpkin Playground!** At Burke Nursery, 9401 Burke Road.

www.pumpkinplayground.com/. And don't miss the Fall Festival at Cox Farms, Sept. 22 - Nov. 6. 15621 Braddock Rd, Centreville, www.coxfarms.com/fallfestival.aspx

Family-Friendly Activities at Mason this Month

Center for the Arts www.cfa.gmu.edu
September 25 - 28: Big River: The Adventures of Huckleberry Finn

Patriot Center: www.eaglebankarena.com/
October 3 - 7: Disney on Ice presents: Mickey's Search Party

Men's and Women's Soccer and Women's Volleyball: gomason.com



Pack 1967 News

The summer's winding down, but Pack 1967 is still going strong! At the beginning of August, some of the Webelos Scouts attended the week-long camp at Goshen. The boys spent the week swimming in the lake, shooting BB guns, archery, learning ecology, scoutcraft, and handicraft.



Later in the month, the Pack traveled to Arlington National Cemetery and laid a wreath at the Tomb of the Unknown Soldier. After that, the Scouts travelled to Washington, D.C. to complete the History of Scouting hike, a 2.5-mile hike through the city that honors the founders of the Boy Scouts of America while taking hikers through Scouting-related landmarks and sites. It was a long day, but the Scouts earned their hiking legs! Pack 1967 ended the summer with a cookout at Royal Lake. It was great to see everyone again as we get ready for the new school year!



If your child is interested in finding out more about Scouting, please join us at a den meeting! If you have any questions or want to contact a den leader, we can be contacted at CubScout.Pack.1967@gmail.com.



Needed: Weed Warriors

Workday: Sept. 22nd from 1 – 3 pm. Meet in the Royal Lake parking lot at 5344 Gainsborough Drive. This is for those needing volunteer hours or have an interest in improving our environment. A Fairfax County photographer will be present. For more information, email me at nickmaryanne@yahoo.com or call (703) 323-6249.

Suzie Xu and I have been working once a week on the Royal Lake path between the dam and the beaver lodge at Shane's Creek. The site leader for that area has moved. Because of its sunny location, the area is now covered with invasive vines and plants. We are looking for volunteers to join us for the workday or for two hours once a week depending on everyone's schedules.

Eagle Scout Projects to Help Repair Royal Lake Trail

By Sarah G J Lennon

Following the incredibly successful trail repair done this spring by Friends of Royal Lake (FORL) in concert with the Fairfax County Park Authority, Connor Myerson, an eighth grader at Lake Braddock Secondary School, will be leading the next installment of repairs for his Eagle Scout project. The workday will be October 13, 8 am - 4 pm (depending on how many eager volunteers we get!). The project will add timbers to the trail to help address erosion issues and make the steps easier to navigate.

Cole Luther, a Robinson sophomore, will also undertake an Eagle Scout project to install hand rails for the steep sections of the trail near the pool and Royal Lake Park. If you walk the trail regularly, I'm sure you know the sections I'm talking about! His project will take place at a date/time still to be determined.

On **Saturday, October 13th**, all should meet at the Royal Lake Park parking lot at **8 am**. Bring water and work gloves, and PLEASE wear sturdy closed-toe shoes and long pants. Volunteers are encouraged to bring tools such as, but not limited to, shovels, pick-axes, tampers, and rakes. Wheelbarrows are also very much needed for transporting gravel.

This project is open to all volunteers 15 and older. It's fun, good exercise, and is a great way for students to get a jump on required service hours! If you can't make this trail work day but would like to get involved in helping our park, please join us for the Fall Parks & Lake Clean-Up on Saturday, October 20th, 8 - 10 am at Lakeside and Royal Lake Parks.

Any questions? Please contact Paul Gross, FORL President at friendsofroyallake@gmail.com, and/or Sarah Lennon, FORL Vice President/Chair, KPWCA Parks & Lake Committee at parks@kpwca.org.



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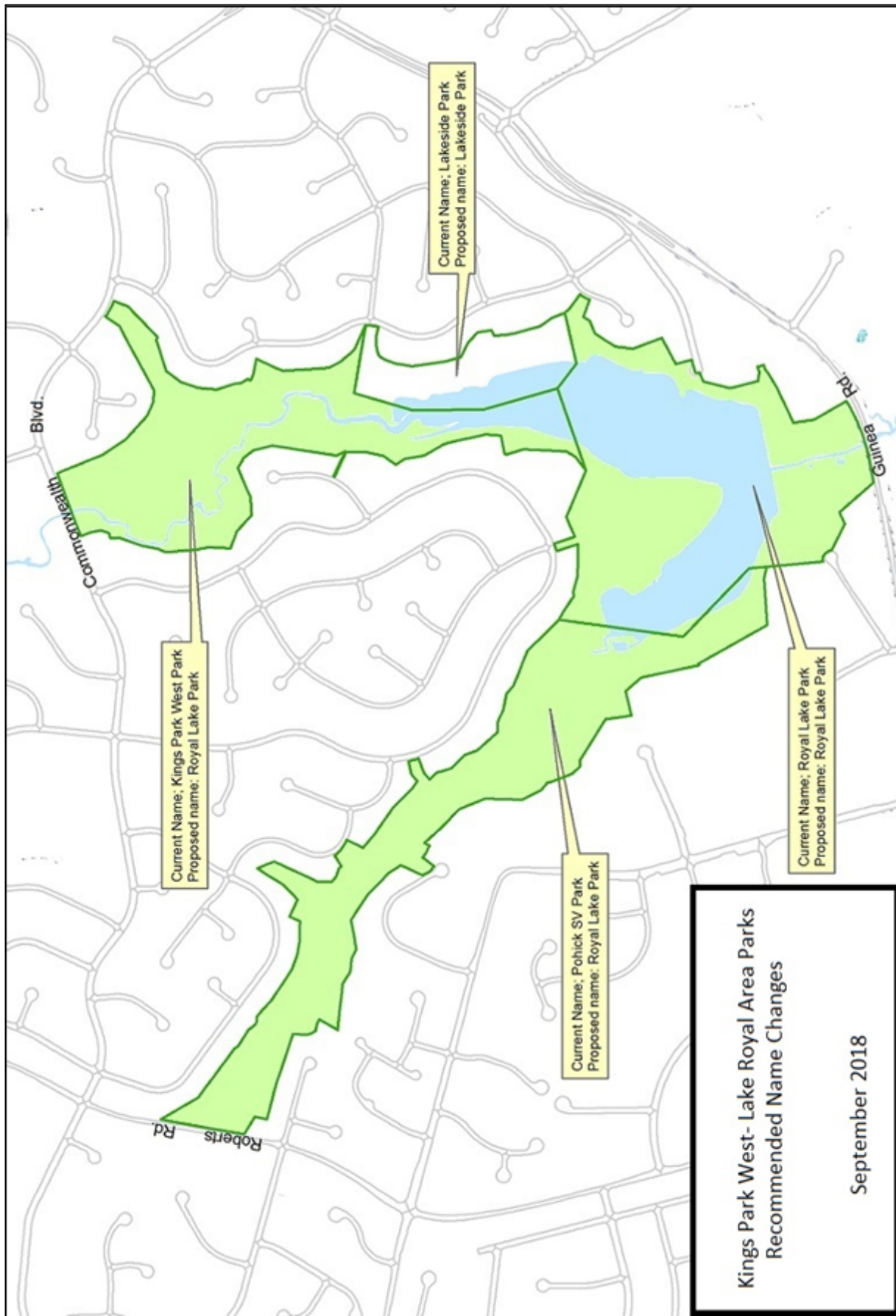
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The Shepherd's Center of Fairfax-Burke

The Shepherd's Center of Fairfax-Burke (SCFB) is a volunteer organization dedicated to supporting and enriching the lives of older adults in the Fairfax-Burke community.

Lunch N' Life

Are You 50 or Better? Please join us for the next *Lunch N' Life* sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, September 20th (noon - 2:00 pm) at St. Mary of Sorrows Catholic Church, 5222 Sideburn Road, Fairfax. Entertainment will be "Let Me Tell You What It's Really Like", a one-act play about living with bipolar disorder, performed by Jennifer and Kate Ives. For reservations, call Bea Stephenson at (703) 273-5730 by September 14th. The cost is \$10.00; please make checks payable to SCFB. If transportation is needed, call the SCFB office at (703) 323-4788. See www.scfbva.org for more information.

Family Fun Bingo

The Shepherd's Center of Fairfax-Burke will hold its next annual bingo fundraising event on Saturday, September 22nd, 1:00 - 3:00 pm (doors open at 12:30 pm) at the Parish Center Gym, St. Leo the Great Catholic Church, 3700 Old Lee Highway, Fairfax. All proceeds benefit SCFB and its work for area seniors. Tickets, at \$10.00 each, include two bingo cards that can be played for the entire event, beverages and snacks. Additional cards may be purchased on-site at \$1.00 per card per game. To purchase tickets, please call Lisa Carroll at (703) 426-2824.

Adventures 'N Learning – FALL 2018

Join the Shepherd's Center of Fairfax every Monday for six weeks starting October 1st through November 5th (9:15 am – 2:45 pm) start with gentle exercise, followed by speakers on topics such as health, history, community, personal development, finance, and more. Afternoon breakouts are book club, and bridge or canasta. *Please bring a brown bag lunch.* Lord of Life Lutheran Church, at 5114 Twinbrook Road in Fairfax, is providing space and hosting this series of classes. The cost is \$30 for six weeks (Mondays). To register, please call the office at (703) 426-2824, or go to our website and print the registration form and class schedule: www.scfbva.org.



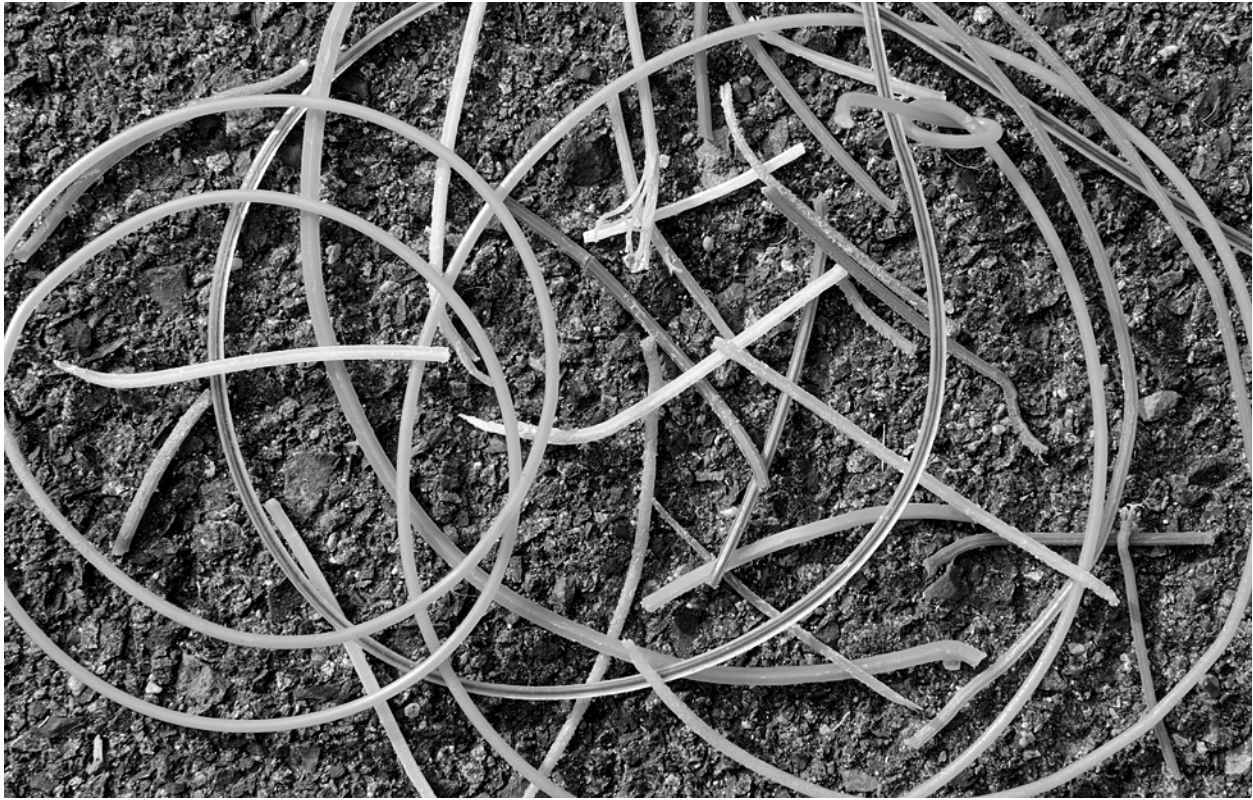
VOLUNTEERS NEEDED for Shepherd's Center of Fairfax-Burke programs which serves those 50+ who no longer drive through its transportation support programs.

Volunteer Drivers are needed for trips to medical appointments (Monday - Friday) and companion shopping (Tuesday, Friday) within the Fairfax-Burke area and in the South County area (west of Route 1, Alexandria). Office volunteers are also needed to work in the SCFB (Olley Glen) office to schedule rides. Bilingual volunteers (English and Spanish) are especially needed as drivers and office volunteers. If you can volunteer your time, please email Shavaun Wall at recruiter@scfbva.org or call the office at (703) 323-4788.



Plastic Pollution

By Greg Sykes (greg@grsykes.com)



What might at first look like modern art is actually a photograph of nylon line from edge trimmers (aka string trimmers, weed-eaters, or weed-whackers) discarded throughout the neighborhood streets. These plastics become environmental hazards, especially after they wash into natural areas where birds and other wildlife ingest these worm-looking fragments. Many animals evolved to catch and immediately eat their prey without a second thought lest that delay gives the would-be-meal a chance to squiggle free. Large sections, especially ones tied into loops, can snag wildlife in the same notorious way that plastic six-pack ring collars do. Plastics of any size break down into smaller, microscopic bits. The complete health impacts of these microplastics are currently under study.

Let's play it safe. Instead of leaving or blowing away nylon edging, please sweep it up and throw it out.

Here is more information concerning plastics and the environment:

www.earthisland.org/journal/index.php/elist/eListRead/strung_out/

news.nationalgeographic.com/2016/11/animals-eat-ocean-plastic-because-of-smell-dms-algae-seabirds-fish/

www.rainbowlight.com/ecoguard/docs/How%20Plastic%20is%20Entering%20Our%20Food%20Chain%20and%20Our%20Bodies.pdf

ourblueplanet.bbcearth.com/blog/?article=why-do-marine-animals-eat-plastic

www.des.nh.gov/organization/divisions/water/wmb/coastal/trash/documents/marine_debris.pdf

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