### **2018 KPWCA MEMBERSHIP FORM**

<u>Member Information</u> All information provided will be entered into the Membership Database.

PLEASE check the boxes on the left below for information you <u>want published</u> in the Directory.

	Name	
check these	Address	
to publish	Telephone	
	Email	

Please enter amounts you would like to contribute to the following organizations or activities:

] Cash ] PayPal
or (important)
elow, or return to your Block Captai 9-7114 <sub>ypal</sub>
) ( 3 '

Block Captain/ Membership Committee/Directory

Beautification & Gardening Group (BAGG)

Dumpster Day Herald Newsletter

Neighbor Assist

Welcome Committee

Parks & Lake

\_\_\_\_Streets & Signboards

- Neighborhood Watch
- \_\_\_Other...



### **Instructions for Using PayPal**

- ➤ Go to the <u>www.kpwca.org</u> website and click on "Membership Benefits" at the left side of the screen.
- > At the top-right of the Member Benefits page, click on "KPWCA Membership Form and Paypal
- Instructions". Right click the form and save the blank copy to your local drive. Then, open it from the saved location, type in your information and save it again or print it out. Make sure your data is visible after saving or printing. The saved version with your data can be emailed to <a href="mailto:membership@kpwca.org">membership@kpwca.org</a>. Or the paper form, once completed electronically or legibly by hand, can be given to your Block Captain.
- Decide what additional amounts, if any, you want to contribute in addition to the Membership Fee. Make a note of the number next to that organization or activity in the chart (1-11).
- Click on PayPal button.
- Enter in the **TOTAL** amount of your Donation: \$20 Membership + any additional.
- ➢ If you have a PayPal account, log in.
- If you don't have a PayPal account, that's ok, you don't need one! Simply click on the "Continue" button on the bottom left under "Don't have a PayPal Account?" Then enter your billing and credit card information. [You can be sure the transaction is secure if you see "httpS" near the beginning of the web address at the top of your browser window.]
- Click Continue.
- > At the next screen, you will be asked to review your donation.
  - Under "Kings Park West Civic Association Membership" you will see a little "+" sign and "Additional Contributions." If you are making optional contributions in addition to the \$20 membership fee, click on that "+" and a drop down box will open up.
  - Refer back to the membership form and use the number in front of the organization or activity in the chart (1-11) to type into that box how your contributions above the \$20 are to be used.

For example, if you want to donate \$25 to the Volunteer Fire Department, you would enter 1-\$25. For a \$30 contribution to Parks and Lakes, you would enter 10-\$30, and so on.

> Once that is completed, click "Donate Now" and you are done with your payment!

*It's imperative that you provide us a copy of the form.* Double-check to make sure "PAYPAL" is checked, the total dollar amount is entered and the date paid is clearly indicated at the top of the form. Then, be sure to either email the completed form to membership@kpwca.org or give a printed copy of your competed form to your Block Captain.

If you have any questions, please don't hesitate to contact us at membership@kpwca.org.

The Herald



September 2017

Vol. 47, Issue 6

I hope everyone had a safe and enjoyable Labor Day weekend. The summer has gone by too quickly again this year. Now that school is back in session, we see many students walking to and from Laurel Ridge, Oak View, Robinson and George Mason. Please remember to slow down when driving around the neighborhood and watch for pedestrians and bicyclists.

The beginning of fall means many of the Association activities will be underway. The annual membership drive will take place during the month of October. Your block captain will be making contact soon. I am always amazed at the level of effort that goes into this drive, as we have 100 blocks within our boundaries. This is a true grassroots undertaking, with awesome results. Your association membership helps support many Kings Park West Civic Association

Community Calendar
KPWCA Membership MeetingSep 26
KPWCA Membership DriveOct 1
Citizen Advisory CouncilOct 3
Herald DeadlineOct 4
Columbus DayOct 9
Braddock District CouncilOct 11
KPWCA Board MeetingOct 17
Herald DeliveryOct 21
Fall Festival/Halloween ParadeOct 29
KPWCA Membership Drive EndsOct 31
Daylight SavingsNov 5
Citizen Advisory CouncilNov 7
Braddock District CouncilNov 8

important volunteer efforts, such as publishing The Herald, funding scholarships, scouting groups, community social events, and grounds maintenance around our neighborhood entrances. Please be assured that your membership support contributes greatly to the vibrancy of our community.

Please mark your calendars for the Annual Membership Meeting on **Tuesday, September 26 at 7:30 pm at the Robinson Secondary School in Davala Hall** (please note the meeting room). We will be electing the Memberat-Large Board positions and presenting the 2018 Association Budget. I hope many of our members plan on attending. If not, please complete the proxy form within this edition of The Herald (you can find this on Page 13) and send it with a neighbor who plans on attending.

Archery hunting is underway in both Crooked Creek and Kings Park West parks again this year, as part of the ongoing effort to control the deer population in the County. You may have received a letter from the County or noticed the red signs posted on the trees along Commonwealth Boulevard. The program runs from September 9, 2017 through February 24, 2018. Archery Groups are permitted to conduct deer management at their assigned site Monday through Saturday during the Archery Program Season. Legal hunting hours in Virginia are thirty minutes prior to sunrise until thirty minutes after sunset. Sunday hunting is not allowed in the park. Additional information can be found at <u>http://www.fairfaxcounty.gov/living/wildlife/archery/archery-program.htm</u>.

The Board and I look forward to seeing many of you at the membership meeting. In the meantime, please contact me at <u>president@KPWCA.org</u> with any questions, feedback or concerns.

Best Regards, Jeanmarie Roberson

### KINGS PARK WEST CIVIC ASSOCIATION P.O. Box 7114, Fairfax Station, VA 22039-7114

www.kpwca.org

### **OFFICERS**

President Vice-President Secretary Treasurer Members-At-Large

Jeanmarie Roberson 703-425-1286 Steve McCarty 703-978-0222 Frank Cumberland 703-426-2868 Jim Mays 703-978-0317 Adrienne Barna 703-323-0518 Mary Crowder 703-239-2581 Karen Hasselman 703-272-3658

### COMMITTEES

B.A.G.G

### Vacant

### **Community Support Services**

Consumer Affairs	Mary Hovland	703-946-1775	
Dumpster Day	Mary Hovland	703-946-1775	
GMU Student Liaison	Vacant		
Neighbor Assist	Bruce Wallachy	703-401-0275	
Welcoming Meliss	a Morgan: welcor	ne@kpwca.org	
Zoning, Code, Safety	Jackie Agnew	703-862-8471	

### Communications

Herald Newsletter:	
Display Editor I	Leah Larson-Taylor 703-283-0208
Communications Edi	tor Samantha Juni 703-395-4049
Herald Advertising	Samantha Juni 703-395-4049
Herald Classifieds	Ejona Lika: <a href="mailto:classified@kpwca.org">classified@kpwca.org</a>
Signboards	Adrienne Barna 703-323-0518
Web Admin K	Kathy Shifflett: website@kpwca.org
Membership Patti D	Dickerson: membership@kpwca.org
NW Coord. Tara	Mooney: <u>tarajmooney@yahoo.com</u>
Parks & Lakes	Sarah Lennon 703-978-5608
Invasive Species	Greg Sykes 703-426-8246
Signs, St.s, Sidewalk	s Jeff Root 703-323-4438

### **Special Activities**

Easter Egg Hunt Pack 1967 Halloween Festival Jeanmarie Roberson 703-425-1286 Tara Mooney <u>tarajmooney@yahoo.com</u> Scholarships Gayle Ostrom 703-323-0206

### How Do I Join the Kings Park West Civic Association?

Send your name, address, and phone number, along with a check for \$20.00, to KPWCA, P.O. Box 7114, Fairfax Station, VA 22039-7114. Members receive the Community Directory and support from community programs such as Neighborhood Watch, Scholarship Awards, community social activities, Parks & Lakes Clean-up, and a free subscription to The Herald. Alternatively, go to www.kpwca.org and pay using PayPal.

### Email Addresses for KPWCA Inc.

**OFFICERS** President Treasurer **COMMITTEES** Membership Welcome Coordinator **Consumer** Affairs Zoning B.A.G.G. Parks & Lakes Signs, St.s, Sidewalks Neighborhood Watch Scholarships Neighbor Assistance HERALD STAFF Editor Classifieds Advertising **General Information** 

President@KPWCA.ORG Treasurer@KPWCA.ORG

Membership@KPWCA.ORG Welcome@KPWCA.ORG Consumer@KPWCA.ORG BAGG@KPWCA.ORG Parks@KPWCA.ORG St.s@KPWCA.ORG Watch@KPWCA.ORG Scholarships@KPWCA.ORG NeighborAssist@KPWCA.ORG

EditorEditor@KPWCA.ORGClassifiedsClassified@KPWCA.ORGAdvertisingSee BelowGeneral InformationInfo@KPWCA.ORGCommunity AssociationKPWHOA@yahoo.com

### How Do I Advertise in The Herald?

CLASSIFIEDS: KPWCA Newsletter classified advertisements for the October 21st issue must be received no later than October 4th by Ejona Lika, 9810 Bronte Drive, Fairfax, VA 22032, or email <u>classified@kpwca.org</u>. Please print clearly, and include payment to KPWCA. Furnish your name, address, and phone number. Rates: KPWCA members, \$2 for each 15 words; nonmembers, \$5 first 25 words, plus \$3 for each additional 15 words. Found items listed free.

ADVERTISEMENTS: KPWCA Newsletter Advertisements are received by Samantha Juni; please email <u>editor@kpwca.org</u>. Contact Samantha for rates.

### How Do I Get My News in The Herald?

The easiest way to get your news items in The Herald is to email the editor at <u>editor@kpwca.org</u>. We invite items on neighborhood schools, churches, organizations, and other noteworthy neighborhood news. News items and letters will be published if deemed suitable and as space permits. We reserve the right to edit any item submitted to The Herald. Acceptance of news items does not constitute endorsement by KPWCA.

### The Herald

Published eight times yearly by the KPWCA. NEXT DEADLINE is October 4, 2017 for delivery on October 21, 2017 Note: Acceptance of articles and advertising does not constitute endorsement by KPWCA, nor liability for products or services advertised in its publications.

SUBSCRIPTIONS: If you are moving out of the neighborhood and want to keep in touch with what's happening, gets a subscription. Send \$20 per year to: KINGS PARK WEST CIVIC ASSOCIATION

P.O. Box 7114, Fairfax Station, VA 22039-7114.

### Volunteer Opportunities

**Halloween Festival**: We are looking for volunteers to assist with our annual Halloween Parade and Festival. Please contact Tara Mooney at <u>tarajmooney@yahoo.com</u>.

**Parks & Lakes Committee**: We are looking for 3-5 motivated members to help plan and organize twice-ayear park/lake clean-ups. *A few hours per month in the months leading up to the April and October cleanups*. Ideas to make the clean-ups fun and inviting are welcomed! Please contact Sarah Lennon at <u>parks@kpwca.org</u> and/or <u>sarahgjlennon@gmail.com</u>.

**B.A.G.G. Coordinator**: *1-2 hours per month*. Coordinates annual contract for common area maintenance, coordinates purchase/delivery of mulch for common areas, coordinates common area clean ups with volunteers, monitors the KPW subdivision signs and signboards for maintenance and arranges for repairs. Please contact Jeanmarie at <u>president@kpwca.org</u>.

**Neighbor Assist Volunteers**: *As needed*. Looking for friendly callers (a great way to volunteer without having to leave your home), computer experts to provide IT assistance, and handyman volunteers. Contact Bruce Wallachy at wallbdc@gmail.com or call 703-401-0275.

**Road Raiders**, 1/2 hour each month. Performs common area clean-up around neighborhood once per month early Saturday mornings. Please contact Sarah Lennon at <u>sarahgjlennon@gmail.com</u>.

**Invasive Management Area**, ~*3 hours a few times per year*. Details found at <u>http://www.grsykes.com/main.php?page=32</u>. Send an e-mail to <u>greg@grsykes.com</u> and ask to be on the volunteer distribution list.

# \* \* \* \* \* \* \* \* \*

### We're Just One Call or Email Away

The KPWCA Handyman program is meant for you to ask us for assistance. The volunteers thrive on helping other residents with handyman tasks. We get to meet other residents, and we enjoy helping our neighbors correct the annoyances that can come with our aging homes. We have received requests for single jobs, but we have received more requests from KPW residents who have asked for our help multiple times. We believe that the residents who have made repeated requests have valued our services so much that they keep coming back. We appreciate that, and our hope is that others will discover the same.

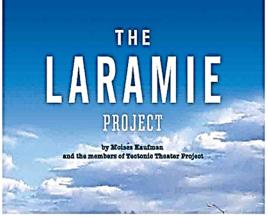
If you are a KPW resident who has a nagging handyman problem, please call or email us. We have talented volunteers that can assist you, and it is free of any labor cost. Maybe our slogan should be, "Try us – You'll Like Us or Your Money Back. What's to Lose!" If you know of someone who has utilized our services, please just ask them how we performed.

Remember, in addition to Handyman services, we also have Social Calling and Computer Assistance. While Social Calling, a friendly voice to greet you in the morning or remind you of an important task, has not received any requests, it is still something to consider, particularly if you live alone. Computer Assistance has recently been a service that has started to get some calls. Tim has recently retired from an IT job, and has the expertise to help with your computing needs. We can only come when you call, so take a chance and get in touch with us.

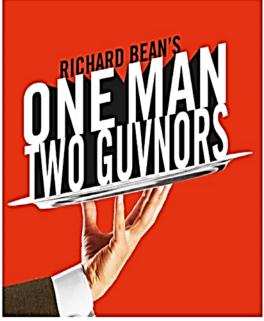
And with that said, the email address for Neighbor Assist is **Neighbor Assist@gmail.com**, or please call (703) 401-0275.

# **Rambunctious Theatre Co.**

- at Robinson Secondary School -



THE LARAMIE PROJECT OCTOBER 12TH AT 7PM STAGED READING



ONE MAN, TWO GUVNORS COMING NOVEMBER 16 - 19

# FOR TICKETS AND INFORMATION PLEASE VISIT WWW.ROBINSONDRAMA.ORG

### The Herald's List by Mary Hoyland and Cathy DeLoach

# Our Dog Days Contest Continues!

Our August Giveaway is rolling into our September Giveaway - and it's still all about dogs!! We're looking for vet, grooming, food and adventure recommendations. Tell us all about your favorite dog places and things!



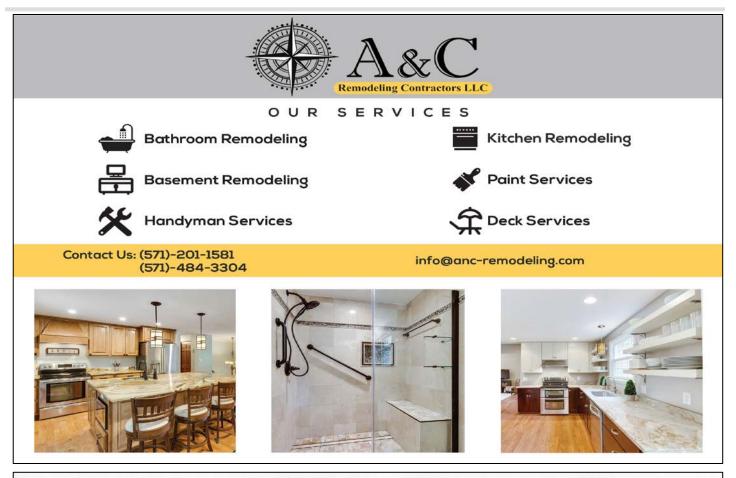
Just comment with your recommendation along with a photo of your pup to be eligible to win!



**The Kings Park West Herald's List Facebook Page** is an interactive community resource for KPW residents. Requests and recommendations come in daily, and offers searchability and immediate access to recommendations. Post your own requests or recommendations.

### www.facebook.com/groups/HeraldsList





# Mr. Mow

"All you need to know is Mr. Mow"

# **Fall Specials**

aeration & overseeding \$125 or less fertilizing \$50 or less leaf removal (3 visits incl. gutters) \$375 or less gutter cleaning \$60 it is also time to trim those bushes and powerwash & seal your deck

# (703) 503-3130

www.kpwca.org

### Native Meadows: Part 2

### By Greg Sykes (greg@grsykes.com)

In Part 1 of this series, we looked at how to construct a native meadow and provided lists of native plant vendors. When selecting the exact plant species for the new garden, think about factors like slope and drainage, soil moisture, maximum plant height and width, flowering period, and the plant's spreading potential. Virginia is one of the most botanically diverse states in the U.S., so the native plant choices are vast! To get a little taste of the selections, Figure 1 displays some superb choices. Delve deeper into the clumping grasses, which characterize meadows, and consider using Indiangrass (Sorghastrum nutans), purple love grass (Eragrostis spectabilis), little bluestem (Schizachyrium scoparium), poverty oatgrass (Danthonia spicata), and northern sea oats (*Chasmanthium latifolium*). Native grasses are natural bird feeders. Some butterfly larvae, such as dusted skippers (Atrytonopsis hianna) and northern pearly eyes (Enodia anthedon), develop on native grasses but not lawns. Terrific broadleaf plants include Maximilian sunflower (Helianthus maximiliani), joe-pye weed (Eutrochium sp.), wrinkle leaf goldenrod "Fireworks" (Solidago rugosa), bluestem goldenrod (S. caesia), blue cardinal flower (Lobelia siphilitica), common tall meadow-rue (Thalictrum pubescens), coreopsis [especially lanceleaf coreopsis (Coreopsis lanceolata), lobed tickseed (C. auriculata), and tall tickseed (C. tripteris)], blue false indigo (Baptisia australis), clustered mountain mint (Pycnanthemum muticum), sneezeweed (Helenium autumnale), and three-lobed coneflower (Rudbeckia triloba). For more ideas, check out these Green Spring Gardens publications:

- Native Ornamental Grasses and Sedges for the Washington, D.C. Area (http://www.fairfaxcounty.gov/parks/greenspring/infosheets/native-orngrass.pdf)
- Using Native Plants to Attract Butterflies, Moths, Bees, and Other Pollinators in the Washington, D.C. Area <u>http://www.fairfaxcounty.gov/parks/greenspring/infosheets/butterfliesandmoths.pdf</u>

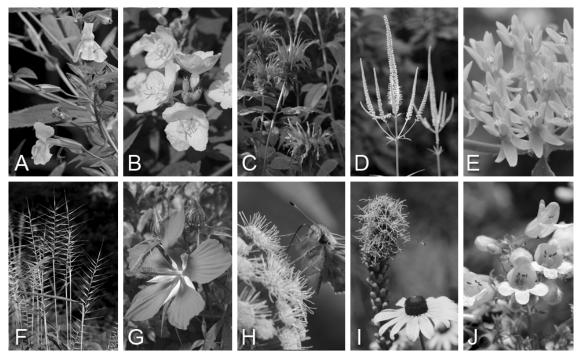


Figure 1. Some ideal Virginia native meadow species include A) Allegheny monkey flower (*Mimulus ringens*), B) sundrops (*Oenothera fruticosa*), C) scarlet beebalm (*Monarda didyma*), D) Culver's root (*Veronicastrum virginicum*), E) butterfly weed (*Asclepias tuberose*), F) eastern bottlebrush grass (*Elymus hystrix*), G) scarlet hibiscus or scarlet rose mallow (*Hibiscus coccineus*), H) mistflower (*Eupatorium coelestinum*), I) blazing star (*Liatris spicata*) and black-eyed-Susan (*Rudbeckia hirta*), and J) white beardtongue (*Penstemon digitalis*). All of these images were photographed in residential Fairfax gardens.

Native meadows are opportunities to nurture plants with declining wild populations, such as the purple milkweed (*Asclepias purpurascens*) – a plant rare throughout Virginia. Folks are more likely to encounter the common milkweed (*A. syriaca*, a good, robust native benefitting wildlife) and dogbane (*Apocynum cannabinum*, an aggressive native weed that does not support <u>monarch caterpillars</u>). Habitat loss decimated the white turtlehead (*Chelone glabra*). Cultivating turtlehead flowerbeds is a new trend to bolster Baltimore checkerspots (*Euphydryas phaeton*) – a butterfly whose larvae primarily feed on white turtleheads.

Beware of using switchgrass (*Panicum virgatum*) in a meadow. Even though it is a Virginia native, switchgrass can take over the garden and muscle out desirable species. If you must cultivate switch-grass, think about keeping it within a confined plot or outdoor flowerpots. <u>Goldenrod</u> and many other aster family members outside of those mentioned here, phloxes, and orange coneflower (*Rudbeckia fulgida*) are also natives but can overrun other species. Vigorous native plants can be mixed together in a separate, "super stout" garden.

Though often hailed as a native, the purple coneflower (*Echinacea purpurea*) is not actually from Northern Virginia; the Midwestern states are its stronghold. According to Weakley et al. (2012), the "wild" purple coneflower specimens found in Virginia likely escaped cultivation. The consensus amongst naturalists is that having some purple coneflowers in a non-purist Virginia native garden is acceptable. Avoid selecting non-native species such as cosmos (*Cosmos bipinnatus*, Mexican), common poppies (*Papaver rhoeas*, predominantly European), crown vetch (*Securigera varia*, also principally European), or Chinese lespedeza (*Lespedeza cuneate*, eastern Asian). When selecting grasses, be sure that they are "native" species and not simply "ornamental." Garden centers frequently peddle exotic ornamental grasses such as *Miscanthus* sp. and pampas grass (*Cortaderia selloana*), which come from the Old World and South America respectively and are ecologically worthless to Virginian habitats. Most turf grasses, such as tall fescue (*Festuca arundinacea*) and *Zoysia* sp., are also foreign species and do not constitute a native meadow even when left uncut. Non-native plants are sometimes sold to "naturalize" an area, which is a nice way of saying, "Invade where it does not belong." Companies might hawk non-native weeds either as individual catalog items or incorporated into a seed mix.

Plant in layers, with small species like prairie dropseed grass (*Sporobolus heterolepis*) and pussytoes (*Antennaria virginica*) close to the garden paths. Admire tall plants, such as hollow joe-pye weed (*Eutrochium fistulosum*) and New York ironweed (*Vernonia noveboracensis*), from a distance. We will look into native meadow care in Part 3.

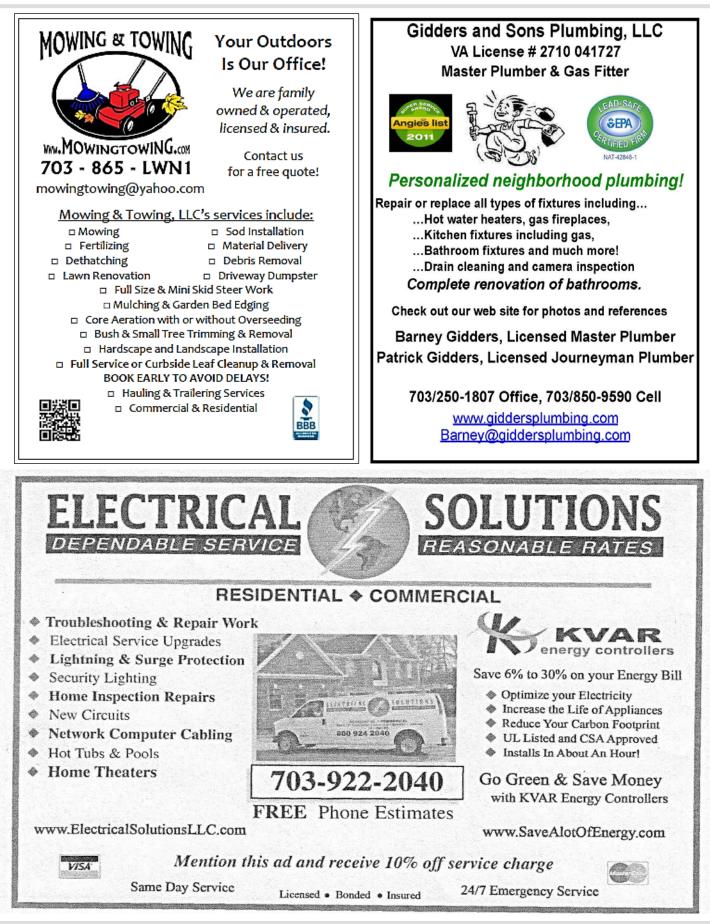
Reference:

Weakley, Alan S., J. Christopher Ludwig, and John F. Townsend. 2012. *Flora of Virginia*. BRIT Press, Fort Worth, TX. pp. 1554. <u>www.floraofvirginia.org</u>

For further reading and links to additional resources, see the full article by scanning the QR code with your smart phone or go to: http://www.grsykes.com/pdf/eco-articles/77\_2017-09.pdf



\* \* \* \* \*





### 2018 Membership Campaign By Patti Dickerson

Membership is preparing for the 2018 Campaign! Beginning October 1, 2017 and through the end of the month, neighbors should anticipate a visit at your door by your neighborhood Block Captain. At that time, you may pay dues (fee remains at \$20) and complete the updated membership form. A directory was printed this past year, so the next printing will take place in 2019 (this is printed every other year). When completing your form, please remember to check the boxes next to the information you want published in the directory. Look for a new form to be available on the KPWCA.org website soon! This Google form will be easy to use when paying via PayPal. Of course, we will still accept payments and forms sent to the P.O. Box (see full address on form).

The Google form can be found here: <u>https://goo.gl/DpNrH7</u>. Or, use your smart phone to scan the QR code:



If you have any questions about membership, please contact me at Membership@KPWCA.org.



Help Keep YOUR KPW Green and Clean! By Sarah Lennon

# Do you enjoy walking the trails and paths in the neighborhood, reveling in the natural beauty and peaceful oasis of our wooded surroundings? If so, you might also enjoy helping other dedicated KPW residents who volunteer to keep it that way!

Did you know the KPW Civic Association has a <u>Parks & Lake Committee</u>? This Committee's mission is to help the Fairfax County Park Authority (FCPA) oversee and maintain the parks and trails in KPW, and serve as a liaison with local scout groups and KPW schools. It is the Committee's responsibility to be vigilant in monitoring and reporting issues related to the lake, trails, streams, the dam and spillway, and any other environmental concerns that may arise, and I thank those of you who serve as eyes and ears in the community for that. However, currently the "Committee" is really only a party of one. It's (past) time for this to become a real committee with like-minded folks coming together to identify areas that need a little TLC (that we might address on our monthly "Road Raiders"), and to work with the FCPA and ensure our parkland remains in great condition for all to enjoy. A small but dedicated group has coalesced around the Royal Lake Master Plan community input and drafting process; that effort is greatly appreciated, and I hope it will continue!

We are hoping for a robust turnout for the **Fall Park Clean-up on Saturday October 7<sup>th</sup>, from 8-10 am**. BUT WE NEED YOUR HELP! Surely there are folks in KPW who have ideas for how to improve things, who could help get donations and advertise the clean-up. I'd like to hear your constructive advice and ideas, AND have you step up and volunteer! These are also super service hour opportunities for students and great for scout troops; it's always more fun with friends! If you're interested in joining Parks & Lakes and/or participating in the Fall Clean-up, please contact me at parks@kpwca.org or sarahgjlennon@gmail.com. Additionally, when you pay your \$20 Membership dues for the coming year (Membership Drive starts next month!), please consider making an additional optional donation to Parks & Lakes AND checking the box to volunteer!

### **Kings Park West Civic Association**

### **PROXY FORM**

Each active civic association member as listed on the membership form may vote on Association business. Any current member wishing to vote by proxy must complete this form. This form may be given to a KPWCA member who will attend any time prior to a regular or special meeting of the Association. Proxy forms received after such meeting will not be accepted.

Name:	
Address:	
I assign	the authority to vote on my behalf regarding Association
matters.	
Signature:	
Date:	

Note: Membership Status of all parties will be verified upon presentation of a proxy. No individual may serve as proxy for more than two (2) members. Please contact <u>editor@kpwca.org</u> to obtain another proxy form.

### REAL ESTATE CORNER by Mary and Cathy

Statistically, fall is the second best season to sell your home, according to Elizabeth Weintraub, real estate agent and writer for TheBalance.com. The market in Kings Park West continues to be strong, with homes selling, on average, in 23 days. As always, well-presented homes are selling more quickly, and garnering a higher sales price. Poorly prepared homes tend to linger on the market in our neighborhood.

Some caveats if you want to sell in the autumn: Make sure the exterior of your home has been well maintained, with meticulous attention to leaf and debris removal. Inside your home, focus on a clean, uncluttered presentation with plenty of light diminished sunlight in the fall can make some homes apper dark and drab.





### KPW Statistics YTD

► Homes Sold: 53

Average Sale Price: **\$578,684,** Highest Sale Price: **\$695,000** 

- ► Average List Price: **\$582,662**, Average Days on Market: **23**
- ► Homes on Market: 13, Homes Under Contract: 2

Model	Sold in KPW s	List Price		
Baron	4759 Tapestry Ct	\$655,000	\$647,000	11
Baron	10412 Headly Ct	\$632,000	\$619,000	77
Baron	10409 Headly Ct	\$669,500	\$669,500	3
Baron	10214 Dundalk St	\$650,000	\$640,000	26
Duchess	5126 Lavery Ct	\$539,900	\$525,600	4
Duchess	5101 Richardson Dr	\$575,000	\$560,000	41
King	9902 Commonwealth	\$521,000	\$512,500	78
King	5404 Guinea Rd	\$535,000	\$520,200	53
Prince	10023 Black Ct	\$515,000	\$500,000	0
Queen	5206 Pommeroy Dr	\$549,900	\$550,000	15
Queen	5204 Sterne Ct	\$525,000	\$522,500	42
Queen	4887 Wheatstone Dr	\$550,000	\$560,000	4
Regent	5395 Gainsborough	\$599,000	\$586,250	15
Regent	4765 Farndon Ct	\$619,000	\$595,000	25
Regent w/Add	9804 Lord Ct	\$635,000	\$634,750	0
Regent w/Add	10427 Finchley Ct	\$615,000	\$614,500	30
Regent w/Add	10190 Wavell Rd	\$630,000	\$638,000	6

### **THE GARDEN CORNER** By Charlie Boring

The urban gardener is faced with a number of decisions concerning what plants to plant in the limited space that is available. The choices are easier to make for me in the spring, based upon the habitual annual vegetables that I have always planted, such as onions, various greens, lettuce, bush beans, yard long beans, carrots, tomatoes, egg plants, bell peppers, and some variety of hot peppers.

Last fall, I planted garlic that I harvested in late June, and I wanted to plant something in the space where I harvested the garlic. Green beans were an option, since they should be planted every two to three weeks to give you a continual harvest, but I already had three varieties growing, and we were becoming somewhat tired of eating green beans. I remembered that my grandmother, whom the grandchildren called "Big Momma," always planted black-eyed peas. I loved her fresh black-eyed peas, cooked with some type of pork and with a number of pea snaps that gave them a unique taste.

I did my research, and learned that black-eyed peas mature in 80-100 days, love hot weather, and will tolerate a bit of shade. Since it was early July, the peas would have plenty of time to produce their crop before the first frost, which occurs around October 20<sup>th</sup>. Another consideration was that the black-eyed peas would add nitrogen into the soil to help the growth of my next crop on that parcel. I also wanted to plant garlic in the same garden plot around the end of October.

In case you are not familiar with black-eyed peas, here is a little history. Black-eyed peas are also known as cowpeas, of which there are four varieties. They likely originated in North Africa, and were eaten by the early Romans. The peas were introduced to Americans by African slaves, and have become a common food in the southern United States. The cowpea is drought-tolerant and produces high yields in dry environments. Research has shown that regular consumption of grain legumes is associated with reduced risk of chronic disease, but specific benefits have not been established to my knowledge.

Will black-eyed peas grow well in Kings Park West? I went to the first American gardening guru, Thomas Jefferson, to see if he had tried to grow them. In his "Garden Book," Thomas wrote that he planted black-eyed peas at Monticello on March 10, 1774, and indicated that he harvested them twice that year. With the support of this great American gardener, I decided to give them a try.

I looked at a couple of stores that sell garden seeds and did not find them, so I went to the supermarket and bought a sack of dried black-eyed peas for \$1.89. I did not know if they would germinate successfully, so I planted them rather densely, about two inches apart, as opposed to the recommended four inches. Additionally, black-eyed peas may be determinate (bush type) or indeterminate (vine type), and there was no way to know which variety I had planted. As it turned out, they were indeterminate, so I had to use support trellises. Virtually all of the seeds germinated, so I had to thin them out by cutting some of them off at ground level.

I planted one plot on July 1<sup>st</sup>, and a second plot on July 7<sup>th</sup>. These pictures show you what they looked like on July 22<sup>nd</sup>. On September 7<sup>th</sup>, I harvested my first batch, which appears to be enough to feed a family of six. In fact, I am trying them for dinner this evening!

I have a few plants to give away: goji berry bushes, hardy kiwis and August red raspberries. Send me an email if you are interested. Enjoy your garden!





www.kpwca.org



### The Shepherd's Center of Fairfax-Burke

### Lunch N' Life

Are You 50 or Better? Please join us for the next *Lunch N' Life* sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, September 21, from 12:00-2:00 p.m. at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. The program will be entertainment by *SPECIAL BLEND*, a harmonic barbershop quartet. For reservations, call Bea Stephenson at (703) 273-5730 by September 15th. The cost is \$10.00; checks should be payable to SCFB. If transportation is needed, call the SCFB office (703) 323-4788. See www.scfbva.org for more information.

### FAMILY FUN BINGO

SCFB will hold its next annual bingo fundraising event on Saturday, September 30, 1:00-3:00 p.m. (doors open at 12:30 p.m.) at the Parish Center Gym, St. Leo the Great Catholic Church, 3700 Old Lee Highway, Fairfax. All proceeds benefit SCFB and its work for area seniors. Tickets, at \$10.00 each, include two bingo cards that can be played for the entire event, beverages and snacks. Additional cards may be purchased on-site at \$1.00 per card, per game. To purchase tickets, please call Lisa Carroll at (703) 426-2824.

### **Dementia Caregiver Support Groups**

SCFB sponsors a monthly meeting on the second Tuesday of each month (12:00-1:30 p.m.) for caregivers to learn and to share with others experiencing similar challenges. Before attending, contact the facilitator, Eileen Thompson, at (703) 451-8626 or Eileen.thompson1@gmail.com.

### NEW EXERCISE CLASS for people 50+

The Shepherd Center of Fairfax-Burke is offering an additional exercise class on Wednesday mornings (9:00-10:00 a.m.), September 6 – December 13 (no class on November 22). The 14-week session will be held at Abiding Presence Lutheran Church, 6304 Lee Chapel Road, Burke. Registration fee for this session will be \$35.00; an application form can be printed from our website, <u>www.scfbva.org</u>, or contact our office at (703) 323-4788.

### Adventures 'N Learning - Fall 2017

Join the Shepherd's Center of Fairfax every Monday for six weeks, October 2 – November 6 (9:30 a.m.-2:45 p.m.). We start with gentle exercise, followed by speakers on topics such as health, history, community, personal development, finance, and more. Afternoon breakouts are book club, bridge, or canasta. Bring a brown bag lunch. Lord of Life Lutheran Church, at 5114 Twinbrook Road, Fairfax, is providing space and hosting this series of classes. The cost is \$30.00 for six weeks. To register, please call the office at (703) 426-2824, or go to our website and print the registration form and class schedule at www.scfbva.org.

### Volunteers needed as Drivers and Office Workers!

SCFB serves those 50+ and who no longer drive. Volunteer Drivers are needed for trips (Monday -Friday) to medical appointments and Companion Shopping within the Fairfax/Burke area. Office Workers are needed to answer calls (Monday - Friday) from individuals requesting rides and arrange for an available driver for each request. If you can volunteer your time, please contact the SCFB office at (703) 323-4788.



### Get Off the Couch

A roundup of family-friendly weekend events around the region...

#### L September 30 - October 1

#### Fall for Fairfax/Kidfest I

Northern Virginia's largest fall festival returns to the Fairfax County Government Center. The festival is geared for kids age 12 and under. Live entertainment, a petting I zoo, model train exhibits. Admission and most activities are \*FREE\* but there is a charge for the Kidway Midway carnival rides and a few other activities. Saturday 10am-7pm, Sunday 10am-5pm. fallforfairfax.com/

#### Fort Belvoir Oktoberfest

If you're looking for a family-friendly Oktoberfest L celebration, head to Ft. Belvoir for their 21st annual Oktoberfest. Enjoy traditional German food like schnitzel, bratwurst, and sauerkraut with bacon and apples. Kidfriendly activities include carnival rides, musicians, and I dancing. Beer is not the focus of this festival, but will be served. \*FREE\* and open to all. Starts Thursday at 6pm, L Saturday, 12pm-midnight, Sunday 12pm-8pm. belvoir.armymwr.com/us/belvoir/ 

#### L October 7-8

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#### **Taste of Bethesda** L

You'll get to sample the foods of more than 50 restaurants, enjoy five stages of live entertainment and visit the kids' corner for arts and crafts, face painting and balloons. Saturday 11am-4pm.

http://www.bethesda.org/bethesda/taste-bethesda

### Clifton Dav

Come celebrate Clifton! The VRE is scheduled to provide special train service from Burke Center (10:08, 11:40, 1:18 and 2:53) and Rolling Road stations. (The train ride

to Clifton is FREE and the return trip costs \$5 for kids and adults, babies under two ride free). The festival will have family-friendly entertainment including Irish dancers, free face painting, a free petting zoo, pony rides in the barn and train rides. Sunday, 9am-5pm. Main St, Clifton. www.cliftondav.com/

### **Greek Festival**

Come for authentic Greek food, desserts, dancing and entertainment, starts Friday 6pm. Saint Katherine Greek Orthodox Church, 3149 Glen Carlyn Road, Falls Church.

### October 14 - 15

### City of Fairfax Fall Festival

Join us at the 41st annual Fall Festival with over 400 arts, crafts, information, and gourmet food vendors, children's activities and three stages of music and entertainment for all ages. \*FREE\* 10am-5pm (carnival ends at 8pm). Saturday only. 3999 University Drive. L www.FairfaxFallFestival.com

### October 21-22

### Boo at the Zoo

Visit bats, spiders, owls, and other animals while trick-ortreating at the National Zoo in Washington, DC. Enjoy animal encounters, keeper talks, festive decorations, and haunted trails at the National Zoo's Halloween celebration. Advance tickets required. https://nationalzoo.si.edu/events/boo-zoo

### Mount Vernon Fall Harvest Days

Celebrate the season with horse-drawn wagon rides, wheat treading in the 16-sided barn, a straw bale maze, early-American games, music and demonstrations. 9am-5pm.

http://www.mountvernon.org/plan-vourvisit/calendar/events/fall-harvest-family-days/

### **Colonial Market Fair**

Experience what life was like in the years before Independence. Taste warm meat pies, yummy bread, delicious local apples, and even mulled wine. Warm yourself by the fire and enjoy entertainment from period performers. Saturday and Sunday 11am-4:30pm. Adults \$8, Children 3-12 \$3, Seniors \$4. At Claude Moore Colonial Farm, McLean. http://new.1771.org/marketfair/

And happening all month, October 1st through October 31st: the 23rd annual Fall Festival and Pumpkin Playground! At Burke Nursery, 9401 Burke Rd. http://www.pumpkinplavground.com/

And don't miss the Fall Festival at Cox Farms, September 22 - October 31, 15621 Braddock Rd. Centreville. http://www.coxfarms.com/fallfestival.aspx

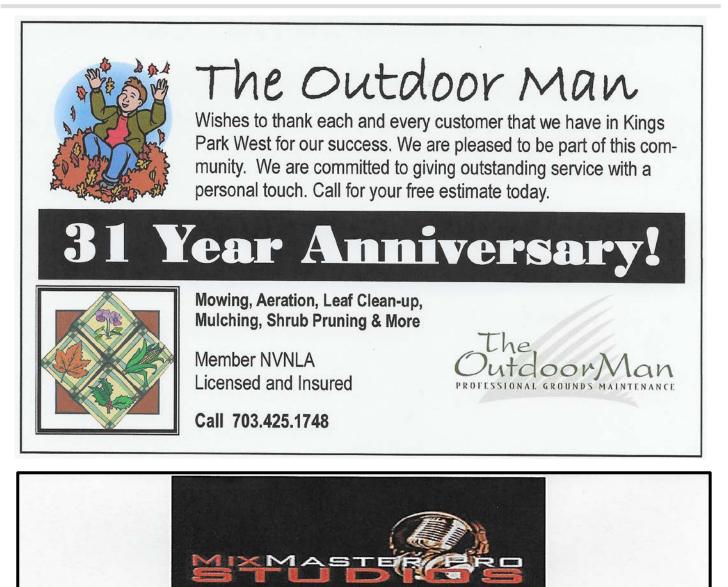
### Family-Friendly Activities happening at Mason:

Fall for the Book October 11 -14: http://fallforthebook.org/

Center for the Arts www.cfa.gmu.edu September 30: Festival of South African Dance

Patriot Center: https://www.eaglebankarena.com/ September 29 - October 9: Disney on Ice presents: Dare to Dream

Men's and Women's Soccer and Women's Volleyball: http://gomason.com



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### Pack 1967 News

As always, it was a busy summer for the boys of Pack 1967, filled with fun scouting events! The boys spent a busy day in downtown D.C. visiting with Congressman Connelly's staff, and touring both the U.S. Capitol and the Bureau of Engraving and Printing. Congressman Connelly's staff was very gracious and explained to the boys how our government works, and the boys were fascinated to watch our paper money being made.

During the August 21<sup>st</sup> historic solar eclipse, a total of 80 novice astronomers from the families of Pack 1967 and Girls Scout Troop 54022 gathered at Lakeside Park for a special viewing party. The Cub Scouts and Daisies all made their own pinhole solar viewer, and were able to view the eclipse through a projection telescope with a special solar filter. Everyone received commemorative Great American Eclipse glasses. The scouts would like you to know that solar glasses expire after three years, so you will need new glasses to view the next eclipse in 2024!

On Labor Day, the U.S. Coast Guard Cutter EAGLE, a Coast Guard training ship, arrived in Alexandria. The families and scouts in Pack 1967's bear den received a private tour of the ship from Officer Candidates Fireman Sanders and Seaman Piner. The boys especially loved taking the helm of the ship!

Now that school is back in full swing, we are all excited to get our fall pack meeting and events underway. If you have a son in grades K-5 and would like more information about joining our pack, please email us at CubScout.Pack.1967@gmail.com.



# Concerts at Good Shepherd Concert Series 2017-18



This is the **6**<sup>th</sup> fabulous season of concerts by **prominent regional and national artists** with something to fit every music taste. Join us for a special season of three superb concerts, and an additional two special performances at no additional cost.

Season Tickets are on sale now at www.brownpapertickets.com.

\* A special feature of each concert performance is a free reception with an opportunity to meet and mingle with performers and enjoy fabulous appetizers.



The Maryland State Boychoir ~ Sunday, November 5, 2017, 5:00 p.m.

Now celebrating its 31<sup>st</sup> season, **The Maryland State Boychoir** performs over 80 concerts annually throughout Maryland plus on national and international tours, presenting classical, gospel, and traditional music. We are excited to welcome them to Good Shepherd!



### Advent Lessons & Carols ~ Sunday, December 3, 2017, 6:00 p.m.

The Good Shepherd choirs and bells will present a beautiful candlelight service of Advent music and readings. The service features anthems sung by the choirs and Advent hymns and readings. The service is followed by a festive reception. There is **no admission charge** for this program.



### Tower House Valentine Concert ~ Sunday, February 11, 2018, 6:00 p.m.

Our popular Valentine program features the dynamic Tower House band presenting dance music from the '60's through the '80's, along with delicious food in a cabaret setting. A perfect way to celebrate Valentine's Day!



### "Gloria" by John Rutter ~ Sunday, April 15, 2018, 10:15 a.m.

The Good Shepherd Senior Choir, along with organ and brass, will perform Rutter's *Gloria*, a lively setting of the Gloria text and one of the most popular compositions by this well-known composer. *Gloria* will be integrated into the Church Service to enhance the liturgy. There is **no admission charge**.



### Patagonia Winds ~ Sunday, May 13, 2018, 6:00 p.m.

Now in its seventh season, this dynamic wind quintet is known for its innovative programming featuring standard chamber repertoire as well as music by contemporary composers. Our special Mother's Day concert will be one that the whole family can enjoy!

Season tickets: You can buy season tickets now at a discounted rate of \$75 adult (\$40 student) www.cogs.brownpapertickets.com. Single ticket sales at \$30 adult (\$15 student) will be available at the door and will be online in October. www.good-shepherd.net

The Church of the Good Shepherd 9350 Braddock Road Burke, VA 22015 703-323-5400

### Fairfax Rocks By Mary Boyer

There is a rock group spreading joy and kindness around the community. If you find a painted rock hiding somewhere, you're in for a big treat. Go to the Fairfax Rocks! Facebook page and post a picture of the rock – you'll make the artist or the person who hid the rock very happy. Then you get to keep the rock or hide it again. Simple, yet fun for those who get involved.



My 8-year-old grandson found a beautiful rock painted like a ladybug. He hid it and someone else found it; it was a fun way to keep up the adventure. Of course, we had to find rocks, paint, varnish, and tag them with instructions for the finder. Lots of creative work involved!



### 

### **Special Treasures Sale**

Saturday, October 14 ~ 9 am to 2 pm Excellent items: Knick knacks, China, Silver, Furniture, Paintings and everything in between! Amazing low prices and Fun!

#### **Church of the Good Shepherd** 9350 Braddock Road (703) 323-5400

Visit **Good Shepherd** at www.good-shepherd.net (Questions? Please call Arline at (703) 323-1875)

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www.kpwca.org

Service to others is the rent you pay for your room here on Earth

--Muhammad Ali

# MARK YOUR CALENDARS NOW!!!!

### FALL PARK CLEAN-UP

## SATURDAY OCTOBER 7, 8A-10A

This is a fantastic opportunity to help protect our natural resources, meet some new neighbors, have fun and make the world a better place! (*Not bad for a beautiful spring morning*!) There will be clean-up teams starting at <u>Royal Lake Park</u> and <u>Lakeside Park</u>.



The Parks & Lakes Committee is looking for motivated neighbors to help plan and organize twice-a-year park/lake clean-ups.

We need YOUR ideas to make the clean-ups successful, fun and inviting!

For more information on volunteering with Parks & Lake and helping plan the clean-up, please contact Sarah Lennon at

parks@kpwca.org and/or sarahgjlennon@gmail.com.

The best way to find yourself is to lose yourself in the service of others.

-- Gandhi



Selling your home in Kings Park West with The Mary & Cathy Team is better than a belly rub!

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years of experience. Grades 1-12 and college. Math through Calculus, Science, Spanish, French, English, History, Study Skills and Organizational Coaching. Please call (703)830-7037 or visit www.JuliaRossPT.com

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SAT PREPARATION: Junior SAT Classes registering now. Many students improve over 40 points. SAT scores open doors for college admissions and incredible scholarship opportunities. 703.830.7037 or visit www.JuliaRossPT.com

PIANO LESSONS IN KPW: Affordable neighborhood piano teacher with over 35 years of experience. BA, MA and doctoral work in piano performance. Diverse, fun and challenging programs to motivate students. Instruction tailored to individual goals. Few openings! FREE TRIAL. Call (703)955-0058

**PIANO LESSONS:** Experienced piano teacher and music educator opening home studio in KPW this fall; offers private piano lessons and group classes to beginner and intermediate students (preschoolers through adults); teaches a fun, creative, studentcentered curriculum; learn more at www.mhourihan.com, or call Meredith Hourihan at (703) 963-2593

NEED HELP with HIGH SCHOOL MATH? Retired FCPS high school math teacher can help with Algebra 1, 2, and Geometry. KPW resident - your house or mine. Call Skip Sterling at (703)978-9704 or email skip.sterling@verizon.net

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CompetitiveMathLLC@yahoo.com

### NEED HELP READING, WRITING AND SPELLING? I am a trained

Barton Reading and Spelling Systems tutor. Free screening is provided. Please contact Lisa Waldrop at: (703)887-5618, <u>lisawaldrop2@gmail.com</u> or check out my website: <u>www.lrwtutoring.webs.com</u>.

ART LESSONS IN KPW Artist with 11 years of experience teaches lessons in watercolor, acrylic and oil. All skill levels. Contact Christine Jenkins at (703)-537-9391 or <u>Chris9900@hotmail.com</u> or visit <u>ChristineMJenkins.com</u>

ARCHERY ACADEMY – archery lessons from qualified instructors in Fairfax Station! Choose our 90 minute Introductory class, a 4 week Beginners class, or our Intermediate class. All equipment provided. See <u>novaarchers.org</u> or e-mail us at <u>archerynorva@gmail.com</u>

ALTERATIONS for women and men. Custom dress making. Wedding dresses. Call Bok Kim at (703)323-0979.

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### HOUSECLEANING SERVICES: I clean weekly, bi-weekly, every three weeks, monthly, periodic, moving out and moving in. I have licenses, bonded, and insurance. Good

references, 11 years experience and LOW RATES. Call Maria L. Barreda at (703) 378-4059, or cell (703) 856-2512

### Kid's Habitat Developmental

Learning Care: Play based preschool education. Accepting registrations for up to 4 children who will be 3 by December 31, and who are potty trained. Teacher/owner is the retired director of George Mason CDC. Office for Children certification in process. Daily hours 8am - 5:30 pm. Following Fairfax County school calendar. For more info join our Face Book Page: https://www.facebook.com/groups/2007 08230458787 or email Tina Morris @tmmorris17@gmail.com.

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