The Herald



June 2016

Vol. 46, Issue 4

Hello Neighbors,

Greetings! I hope this edition of the Herald finds all well, as we prepare for the start of summer 2016. May is always a busy month for KPWCA! The Volunteer Appreciation Dinner was held on May 3rd with pizza, salad and cake. It is always gratifying to visit with our neighbors who give their time and talents to our community. Thank you to energetic members at large - Karen Hasselman, Adrienne Barna and Mary Crowder for organizing and hosting this event. The neighborhood spring yard sale followed by Dumpster Days was also held in May. It seems that many of us were busy with spring cleaning, as all the dumpsters were filled up. We would like to extend our thanks to The Mary & Cathy Team for hosting this successful event.

Kings Park West Civic Association

Community Calendar
Herald DeliveryJune 18
Father's DayJune 19
Summer BeginsJune 20
KPWCA Board MeetingJune 21
End of FCPS YearJune 23
Independence DayJuly 04
Braddock District CouncilJuly 13
KPWCA Board MeetingJuly 19
National Night OutAug 02
Herald DeadlineAug 03
KPWCA Board MeetingAug 16
Herald DeliveryAug 20

The Royal Lake Dredging project is underway as evident by the lowering of the water. On May 9<sup>th</sup>, we had a very informative Pardon Our Dust presentation hosted by Fairfax County Department of Public Works & Environmental Services (DPWES) and Supervisor Cook. Over the next 12 months, 51,200 cubic yards of sediment will be removed from the lake. This large undertaking requires that dump trucks continually haul the dredge material from the lake to the nearby landfill. The trucks will be accessing the lake from two points– the first access way is Royal Lake Park along Gainsborough Drive and the second is at Lakeside Park at Pommeroy Drive and Bronte Drive. For safety reasons, County staff requested that residents stay outside the construction limits at all time. The lake filling, which is dependent on rainfall conditions, is expected to be initiated by June 2017. If you should have any questions regarding the construction of the project, contact Bill Nolan, DPWES Utility Design and Construction Division at 703-324-5111 or by email at William.Nolan@fairfaxcounty.gov

Given that the ongoing dredging project, Braddock Nights Summer Concerts will be held this year at Rutherford Park (4710 Guinea Road) from July 8th through August 26th. Our 3 neighborhood pools, Commonwealth Swim Club, Kings Ridge Swim Club and Lakeview Swim Club are now open for fun and relaxation. The Board meets on June 21st. Please feel free to contact me at President @KPWCA.org with any questions, concerns or suggestions.

Best Regards, Jeanmarie Roberson

#### Urgent Notice from the Editor of The Herald

I sincerely apologize for such short notice, but I will be resigning my duties as Editor and Display Ad Coordinator as of September of this year due to a changing work schedule that will require much more travel, and a family life that demands too much of my time. I will still be around to serve as a mentor, and help when and where I can to get the Herald into print!

If you or someone you know is extremely reliable with deadlines, have good knowledge of newsletter formatting (I use Microsoft Word), and have extra time (requires minimum 8 hours per issue, 8 issues per year), please contact me at editor@kpwca.org or 571-425-5703.

# KINGS PARK WEST CIVIC ASSOCIATION

P.O. Box 7114, Fairfax Station, VA 22039-7114

www.kpwca.org

#### **OFFICERS**

Members-At-Large Mary Anne Boyer

#### 703-323-6249 Karen Hasselman 703-272-3658 Elizabeth Macaranas 571-340-3310

#### **COMMITTEES**

B.A.G.G

President

Secretary

Treasurer

Vice-President

#### Community Sunnart Services

Community Support Services				
Mary Hovland	703-946-1775			
Mary Hovland	703-946-1775			
Vacant				
Bruce Wallachy	703-401-0275			
sa Morgan: <u>welcor</u>	ne@kpwca.org			
Jackie Agnew	703-862-8471			
	Mary Hovland Mary Hovland Vacant Bruce Wallachy sa Morgan: <u>welcor</u>			

Vacant

#### Communications

Herald Newsletter	Vacant
Herald Advertising	Vacant
Herald Classifieds	Ejona Lika: classified@kpwca.org
Signboards	Ken Waldrop 703-503-0725
Web Admin	Kathy Shifflett: website@kpwca.org
Membership Patti	Dickerson: membership@kpwca.org
NW Captain	Pappy Palazzo 202-369-1061
Parks & Lakes	Sarah Lennon 703-978-5608
Invasive Species	Greg Sykes 703-426-8246
Signs, St.s, Sidwalk	Jeff Root 703-323-4438

#### **Special Activities**

Easter Egg Hunt Halloween Festival Scholarships

Pack 1967 Vacant Gayle Ostrom 703-323-5997

#### PLEASE CONSIDER VOLUNTEERING FOR THE VACANT POSITIONS: CONTACT JEANMARIE AT 703-425-1286

### How Do I Join the Kings Park West **Civic Association?**

Send your name, address, and phone number, along with a check for \$20.00, to KINGS PARK WEST CIVIC ASSOCIATION, P.O. Box 7114, Fairfax Station, VA 22039-7114. Members receive the Community Directory and support from community programs such as Neighborhood Watch, Scholarship Awards, community social activities, Parks & Lake Clean-up, and a free subscription to The Herald.

**OFFICERS** President Treasurer **COMMITTEES** Membership Welcome Coordinator Consumer Affairs Zoning B.A.G.G. Parks & Lakes Signs, St.s, Sidewalks Neighborhood Watch Scholarships Neighbor Assistance HERALD STAFF Editor Classifieds Advertising **General Information** 

#### **Email Addresses for KPWCA Inc.**

President@KPWCA.ORG treasurer@KPWCA.ORG

Membership@KPWCA.ORG Welcome@KPWCA.ORG Consumer@KPWCA.ORG Zoning@KPWCA.ORG BAGG@KPWCA.ORG Parks@KPWCA.ORG St.s@KPWCA.ORG Watch@KPWCA.ORG Scholarships@KPWCA.ORG NeighborAssist@KPWCA.ORG

Editor@KPWCA.ORG Classified@KPWCA.ORG See Below Info@KPWCA.ORG Community Association KPWHOA@yahoo.com

# How Do I Advertise in The Herald?

CLASSIFIEDS: KPWCA Newsletter classified advertisements for the August 20th issue must be received no later than August 3rd by Ejona Lika, 9810 Bronte Drive, Fairfax, VA 22032 or email classified@kpwca.org. Please print clearly, and include payment to KPWCA. Furnish your name, address, and phone number. Rates: KPWCA members, \$2 for each 15 words; nonmembers, \$5 first 25 words, plus \$3 for each additional 15 words. Found items listed free.

ADVERTISEMENTS: KPWCA Newsletter Advertisements are received by Terra Wathen, 5204 Pommeroy Drive., Fairfax, VA 22032 or email to editor@kpwca.org. Contact Terra for rates.

#### How Do I Get My News in The Herald?

The easiest way to get your news items in The Herald is to email the editor at editor@kpwca.org. We invite items on neighborhood schools, churches, organizations, and other noteworthy neighborhood news. News items and letters will be published if deemed suitable and as space permits. We reserve the right to edit any item submitted to The Herald.

#### The Herald

Published eight times yearly by the KPWCA. NEXT DEADLINE is August 3rd, 2016 for delivery on August 20th, 2016 Note: Acceptance of advertising does not constitute endorsement by KPWCA, nor liability for products or services advertised in its publications.

SUBSCRIPTIONS: If you are moving out of the neighborhood and want to keep in touch with what's happening, gets a subscription. Send \$20 per year to: KINGS PARK WEST CIVIC ASSOCIATION,

P.O. Box 7114, Fairfax Station, VA 22039-7114.

# Volunteer Opportunities

Herald Editor: *minimum 8 hours per issue*. Email editor@kpwca.org or call 571-425-5703 for details. Herald Display Ad Coordinator: Email editor@kpwca.org or call 571-425-5703 for details.

Halloween Festival Coordinator: Looking for a person or team of people to head our annual Halloween Festival. Please contact Jeanmarie at president@kpwca.org for details.

**Parks & Lakes Committee:** We are looking for 3-5 motivated members to help plan and organize twice-a-year park/lake clean-ups. *A few hours per month in the months leading up to the April and October clean-ups*. Ideas to make the clean-ups fun and inviting are welcomed! Please contact Sarah Lennon at <u>parks@kpwca.org</u> and/or <u>sarahgjlennon@gmail.com</u>.

**B.A.G.G. Coordinator**, *1-2 hours per month*. Coordinates annual contract for common area maintenance, coordinates purchase/delivery of mulch for common areas, coordinates common area clean ups with volunteers, monitors the KPW subdivision signs and signboards for maintenance and arranges for repairs. Please contact Jeanmarie at president@kpwca.org.

**Neighbor Assist Volunteers**, *as needed*. Looking for friendly callers (a great way to volunteer without having to leave your home), computer experts to provide IT assistance, and handyman volunteers. Contact Bruce Wallachy at wallbdc@gmail.com or call 703-401-0275.

**Road Raiders**, *1/2 hour each month*. Performs common areas clean up around neighborhood once per month early Saturday mornings. Please contact Sarah Lennon at <u>sarahgilennon@gmail.com</u>.

**Invasive Management Area**, ~3 hours a few times per year. Details found at

http://www.grsykes.com/main.php?page=32. Send an e-mail to greg@grsykes.com and ask to be on the volunteer distribution list.

#### **Volunteer Spotlight: Sylvia Gladd** *By Frank Cumberland*

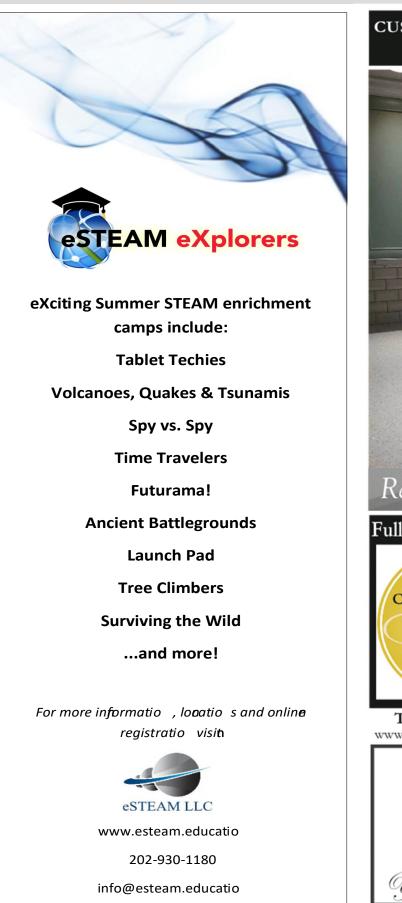
The Kings Park West Civic Association is extremely proud to shine its volunteer spotlight on Sylvia Gladd. Sylvia served as our KPWCA Membership Director from August 2013 to March 2016. Through her tremendous leadership and the support of her dedicated block captains, KPWCA membership increased 10 percent during her tenure.

As a reflection of her selfless leadership style, Sylvia gives credit for the growth in membership to KPWCA block captains. She stated that, "Our block captains are an amazing group of people. They really tie our entire community together, sharing information and providing a vital communications link between neighbors."

Sylvia brought true innovations to the KPWCA Membership Director's job. She synchronized the annual membership drive with the fiscal year, so that funds from the drive would align with the Association's formal budgeting calendar. She also established recognition programs for outstanding block captains, so that top-performing captains could earn prizes such as gift certificates in recognition of their hard work.

A Kings Park West resident since 1975, Sylvia is mindful of how fortunate we are to live in this community. She notes, "How lucky we are to live in such a nice neighborhood, with a great elementary, middle and high school, community pools, a picturesque lake with woods and a park, wonderful tree-lined streets, and fantastic people."

We are indeed lucky to live in such a great neighborhood as Kings Park West, and we are especially lucky to have had such a civic-minded person as Sylvia Gladd serve as our KPWCA Membership Director. For her outstanding work on behalf of the Kings Park West Civic Association, we are proud to shine the volunteer spotlight on Sylvia Gladd.



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# Neighbor Assist in Kings Park West

#### DEAL ESTATE CORNER by Mary and Cathy



DOM

As is common this time of year, there are more houses available for sale compared to the last few months. Well-presented homes continue to sell more quickly for higher contract prices. The real estate market overall is very similar to what was seen in 2015. Kings Park West continues to be a Northern Virginia "favorite neighborhood," with sidewalks, pools and good schools within walking distance.

Model

Cromwell

#### KPW Stats

Eighteen KPW homes have already sold thus far in 2016, and 9 more are under contract.

There are 11 active listings.

# **Average List Price**

\$544,232 (Includes active and under contract listings).

**Average Sold Price** \$510,180

#### List Price Sold Price Address 5209 Pumphrey Dr \$559,000 \$538,800 4900 Allor ¢520 000 ¢522 000

**Properties That Have Sold in KPW, YTD** 

		φυυυ,υυυ	φυυυ,υυυ	
Duchess	4809 Allenby Dr	\$539,000	\$523,000	26
Duchess w/Addition	10204 Bessmer Lane	\$610,000	\$598,000	1
Duchess w/Addition	4905 Wheatstone Dr	\$605,000	\$600,000	4
Duke	5201 Ellington Ct	\$529,000	\$529,000	6
King w/addition	5124 Swift Ct	\$549,900	\$549,900	14
Prince	5207 Pimlico Ct	\$525,000	\$520,000	14
Prince	10198 Bessmer Ln	\$535,000	\$518,600	7
Prince	5352 Guinea Rd	\$449,000	\$441,835	113
Prince	4916 Wycliff Ln	\$515,000	\$508,000	10
Queen	10194 Wavell Rd	\$465,000	\$481,000	9
Queen	5080 Coleridge Dr	\$550,000	\$535,000	11
Queen	10012 Raeburn Ct	\$555,000	\$543,000	32
Regent w/Add	5120 Thackery Ct	\$609,888	\$610,000	9
Regent	5391 Gainsborough Dr	\$524,900	\$519,150	11
Regent	5350 Gainsborough Dr	\$548,000	\$525,400	109
York w/bsmt	10423 Collingham Dr	\$485,000	\$479,000	31
York, finished gar.	10435 Collingham Dr	\$450,000	\$451,000	101

# **Bat Boxes** Submitted by Troop 1966

If you visit one of Kings Park West's neighborhood pools, you might notice something different on a few of the trees. What might look like bird houses without a hole in front are actually bat boxes. As part of his Eagle Scout project, KPW resident Parker Condit built and installed two bat boxes at each of the three pools.

"I wanted to build something that would be around for some time, and do some good", Condit said. The idea to build the boxes came to him while brainstorming ideas at home. Condit and his team of fellow scouts, scout parents and volunteers built the boxes from pressure treated wood and assembled them at Lakeview pool on a cold Saturday this past winter. "You paint the boxes black so they stay a little warmer in the winter", Condit explained. A bat can eat on average several thousands of mosquitoes in a day, and the bats help temper the mosquito population here in the neighborhood.



Close up of a bat box.

The boxes are installed up off the ground, as far from flying obstructions as

possible and facing the direction they do for maximum sun exposure. Condit added that finding good locations at each pool was more difficult than he anticipated.

How fast the bats decide to move in is anyone's guess. It might take one to two seasons for that to happen.



Bat boxes being built at Lakeview Pool.



The team of scouts, scout parents, and volunteers who built the boxes.

# Mr. Mow

# **Quality Landscaping at Affordable Prices**

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# **KPWCA Scholarship Recipients**

Kings Park West Civic Association, Incorporated, is a non-profit, non-sectarian association, organized for the purpose of promoting a neighborly spirit among the residents of the Kings Park West subdivision, Fairfax County, Virginia; to encourage an active interest in the civic life of the community; and through unified effort to make this community a better place in which to live.

The Kings Park West Civic Association is awarding two scholarships to graduating seniors that live in Kings Park West. The scholarship is based on students who have been active in our community, volunteering their time and energy in civic activities that help others, improving our neighborhood or preserving our environment. Scholarships will be awarded on the basis of extracurricular activities and civic achievement (40%), scholastic achievement (20%), a written essay (20%) and a personal interview (20%).

The two recipients this year are:

#### **Taylor Kinsley**

Taylor Kinsley is accomplished young man who is involved with his community, church, school band, and athletics. He is a full IB diploma candidate at Robinson. He is the Robinson band captain and drum major. His Eagle Scout project benefitted a lower income community in Fairfax City. He is active in his church community as a teacher of 5th and 6th graders, and attending mission projects benefiting the poor and elderly. Taylor will be attending UVA in the fall as a Naval ROTC Scholar.

#### Alison Verster

Alison is a full IB diploma candidate who tutors, and has attended Governor's School. Alison divides the majority of her time in band and crew. She is a band drum major and plays the clarinet. She has won many local and national regattas with crew team. She is also active in her community volunteering, providing childcare and teaching at vacation bible school. Alison is also a National Merit Commended Scholar. She will be attending UVA in the fall.

#### **Congratulations to our 2016 Scholarship Recipients!**

# Get off the Couch

# A Roundup of Family Friendly Weekend Events Around the Region

#### <u>June 18-19</u>

#### **Bubble Extravaganza**

Kids who love bubbles will jump at the chance to go to the Bubble Extravaganza. There will even be a bubble pit. Bathing suits and water shoes are recommended. \*\*FREE\*\* 10am-12pm Saturday only. At Murrey Park, 43460 Interval St, Chantilly. southriding.net/event/bubble-mania

#### Summer in the City Family Day

Celebrate the summer at the American Art Museum. Cool off in their indoor courtyard and splash in their water feature. There will be crafts and games, and dancing to steel drums by Oasis Island Sounds. \*\*FREE\*\* Saturday only 11:30am-3pm. 8th and F Streets, NW Washington, DC americanart.si.edu/calendar

#### **Movies on the Potomac**

The National Harbor presents the film PG "Maleficent" on its huge outdoor screen. The movie starts at 6pm, Sunday only. \*\*FREE\*\* On the water at National Harbor. <u>nationalharbor.com/movies-on-the-potomac/</u>

#### June 25 - 26

#### **Schools Out for Summer Pool Party**

Everyone's invited to this \*\*FREE\*\* beginning of summer pool party. Hot dogs, burgers, and dessert will be served, and a DJ will be there for entertainment. Saturday only, 4-7pm, food served at 5pm. At Golf Course Island Pool, 11301 Links Drive. www.reston.org

#### **Alexandria Food and Wine Festival**

This all-ages community-based event features local foods and wine, artisans, a Children's Corner, and live entertainment. Held on the waterfront at Oronoco Bay Park. Saturday only 12pm-6pm. The event is free, but there is a charge for the food and wine. <u>vineonthewaterfront.com</u>

#### National BBQ Battle

Pennsylvania Ave between 9th and 14th streets will be the site of a huge celebration of BBQ. Taste tons of barbecue and enjoy cooking demonstrations, children's activities and samples. Saturday 11am-9pm, Sunday 11am-7:30pm. Adults \$15, children 12 and under \*\*FREE\*\*. http://bbgindc.com/

#### Family Day with SpongeBob SquarePants

Fans of Nickelodeon's Sponge Bob can see The Postal Museum transformed into Bikini Bottom. Come participate in nautical-themed games, sand castle building and much more. You'll even have a chance to meet the sponge himself. Watch Spongebob episodes and performances by Casey Carle, the renowned comic bubble artist. All ages welcome. \*\*FREE\*\*

#### <u>July 2-3 and July 9-10</u> Smithsonian Folklife Festival

This annual celebration of living cultural heritage will feature the Basque Country and *The Sounds of California*. July 2-3, July 9-10. Watch Basque stone-lifting matches, and drink rioja wine, then stroll down the mall and listen to artists who contribute to the soundscapes of California. <u>festival.si.edu/</u> \*\*Free\*\*. 11am-5pm, on the National Mall.

# Family Friendly Activities happening at Mason this month:

Patriot Center: <u>http://www.eaglebankarena.com/</u> June 10 - 21: Lots and lots of graduations scheduled. Check the website for times so you don't get caught in traffic!

Center for the Arts: <u>www.cfa.gmu.edu</u> June 18: Arirang Korea, 11th Annual Asian & Pacific Island American Festival

July 10: Observatory event. physics@gmu.edu

Summer Camps: http://summercamps.gmu.edu

### 50th annual Fairfax City Independence Day Celebration

The City of Fairfax welcomes you to its 50th annual Independence Day Celebration. It kicks off at 10am with a parade through Downtown Fairfax (rain or shine) and concludes with a huge fireworks show at Fairfax High School after dark (fireworks start at approximately 9:20). During the day enjoy an Old Fashioned Firefighters' Day, and other events throughout the city.

# Monday, July 4th. All events \*\*FREE\*\*.

Located throughout Downtown Fairfax. Fireworks at Fairfax High School 3501 Rebel Run. Rain date for fireworks only 7/05.





# The Outdoor Man

NOW is the time to call for your lawn maintenance needs. Act now to have the prettiest yard on the block. We do more than just cut, we care for your lawn! We've been greening the grass in KPW for 29 years. Let The Outdoor Man enhance your landscape with our on-staff designer.

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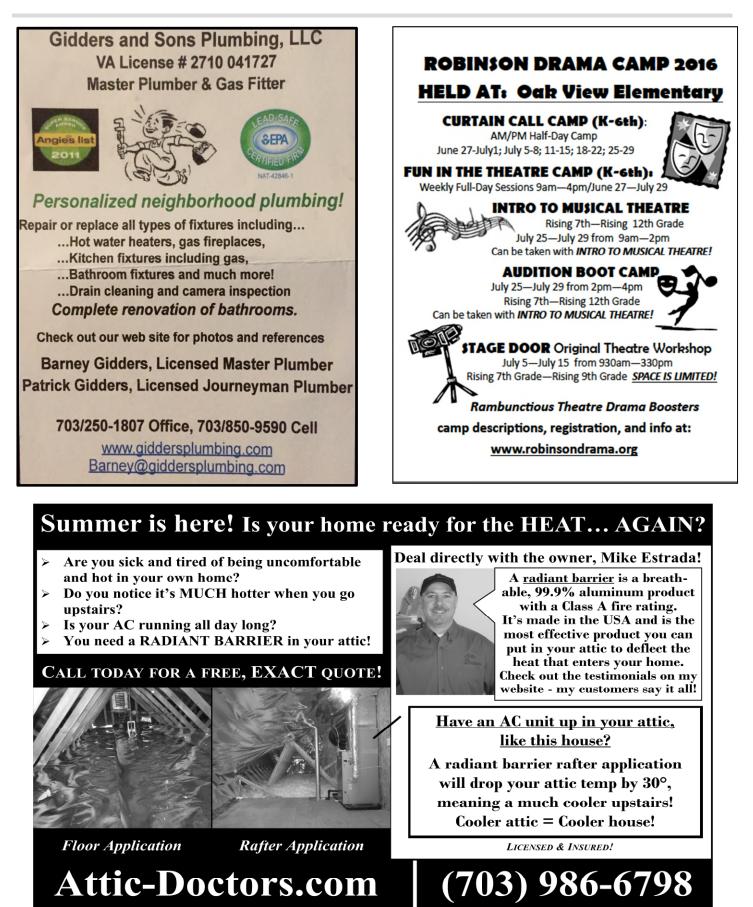
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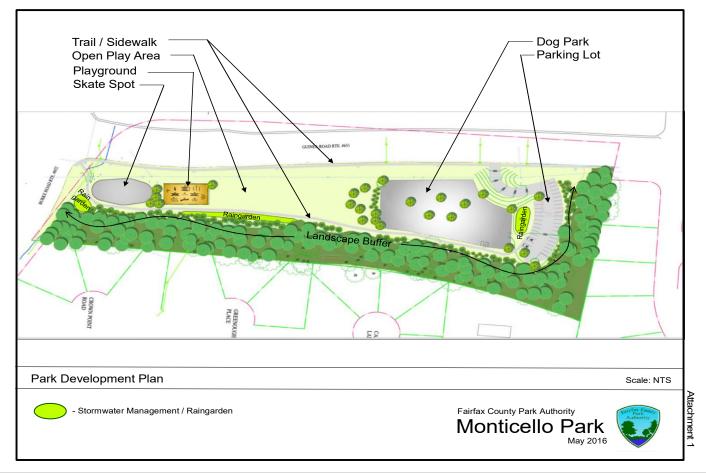
#### **Park Authority Moves Forward With Monticello Park Development** By Tony Vellucci

On May 25<sup>th</sup>, 2016 the Park Authority Board approved a Planning & Development Committee project scope approval recommendation for Monticello Park Phase I improvements, which include the design, permitting and construction of the following:

- Entrance and parking lot to accommodate 20–30 parking spaces.
- An off leash dog area, with a water line/hydrant.
- A playground to accommodate young teens
- An ADA accessible asphalt loop trail including trail/sidewalk along Guinea Road.
- A 50-foot wide landscape buffer planted with evergreen trees along adjacent residential properties.
- An open play area.
- Related stormwater management facilities.
- Skate Activity Area (layout for permitting purposes only).

The skate activity area and related infrastructure will be part of a future Phase II development.

Based on the scope cost estimate, funding in the amount of \$1,500,000 is required to design, permit and construct Phase 1 of this project. Funding in the amount of \$90,000 has been spent or encumbered to develop the concept plan and determine the scope of work. The balance of funding required to complete the project is currently available in the amount of \$1,410,000 in the 2012 Park Construction Bond Fund, Project PR000009-002, Monticello Development Phase 1. The proposed timeline for the project is 2nd Quarter CY 2016 for Scope, 1st Quarter CY 2017 for Design, and 4th Quarter CY 2017 for Construction.



#### Scout News

The boys of Pack 1967 did not let this spring's wet weather dampen their fun! After some weather related reschedules, we had a great time hosting the annual KPW Egg Hunt at Lakeside Park on Sunday, April 3. In addition to hunting over 3,000 eggs, neighborhood children enjoyed crafts, a guesstimate station, and a special appearance by the KPW Bunny!

The boys also had a blast at our spring campout on May 21-22 despite a bit of rain! This year we participated in the Cub Family Camping Event at Camp William B. Snyder in Haymarket. In addition to many craft and sports activities, the highlight of the event for the boys was the BB Gun and Archery shooting. The boys also participated in nightly campfires where we roasted s'mores and conducted flag retirement ceremonies.

During the summer break, our pack meets for fun social activities. If your son is interested in finding out more about Scouting, please join us at a summer event! Our first summer activity will be a water rocket launch at Lakeside Park on Sunday, June 12. Be on the lookout for our Summer Activities flyer in Wednesday folders on June 15 for a complete schedule. If you have any questions, we can be reached at CubScout.Pack.1967@gmail.com.



### **Royal Lake Welcomes More IMA Site Leaders**

#### By Greg Sykes (greg@grsykes.com)

The Invasive Management Area (IMA) program, supported by the Fairfax County Park Authority (FCPA), recently gained two more volunteer site leaders to head non-native weed-clearing workdays in the Royal Lake parklands!

Angela Thornburgh participated in several habitat restoration events led by IMA site leaders Suzanne Doherty or me before taking the next step to run her own sessions. Angela moved to Glen Cove a year ago and cherishes the lake! During this short time, both she and her husband, Ashton, are already working on getting the HOA lands invasive-free, too (outside of the IMA program). As a Citizen Forester, Angela joins IMA having experience with other environmental programs. Her efforts with Casey Trees involved teaching people how to select the proper tree for a given urban location and encouraging biodiversity. She spent three years with the Rock Creek Park Conservancy pulling non-native invasive plants from D.C. parks. At Royal Lake Park, she will primarily be clearing multiflora rose (Rosa multiflora) and autumn olive (Elaeagnus umbellata) between the dam and the area where Shane's Creek empties into the lake. While these weeds can give volunteers a healthy workout, Angela might have some Japanese stiltgrass removals, which is an easy-to-pull species ideal for getting youngsters involved with IMA. She has already led workdays pulling garlic mustard (Alliaria petiolata) and multiflora rose.

"I love working to eradicate invasive species in particular because I have seen the difference it makes in local parks and wilderness areas," says Angela. "Plus, it's fun! After a workweek in front of a computer desk, I'm ready to get outside and do something physically constructive on the weekends."

Sarah Francia is a longtime KPW resident. Recently retired, she would like to help rehabilitate the local woodlands that she loves. Instead of leading advertised workdays with large volunteer groups, Sarah completed training and received permits to be an IMA Lite site leader. Through this program, she works on smaller parkland plots either solo or leads a small group of family and friends. Specifically, Sarah is eradicating weeds in Kings Park West Park across from the Commonwealth Swim Club and along the unnamed creek paralleling Pommeroy Drive. In the less than two months since Sarah received IMA permits, she eliminated an impressive 18 bags of garlic mustard! After garlic mustard season, Sarah will address other noxious weeds in this target-rich area, including multiflora rose, autumn olive, English ivy (Hedera helix), winged burning bush (Euonymus alatus), rose-of-Sharon (Hibiscus syriacus), Amur honeysuckle (Lonicera maackii), and periwinkle (Vinca minor). Volunteers are not allowed to hit the bamboo growing here since

it requires removal methods outside of those granted through IMA. Sarah is also monitoring a healthy section of native forest, wiping out any emerging target species before they become established. In addition to her IMA involvement, Sarah helps some of her neighbors identify and remove invasive plants from their properties.

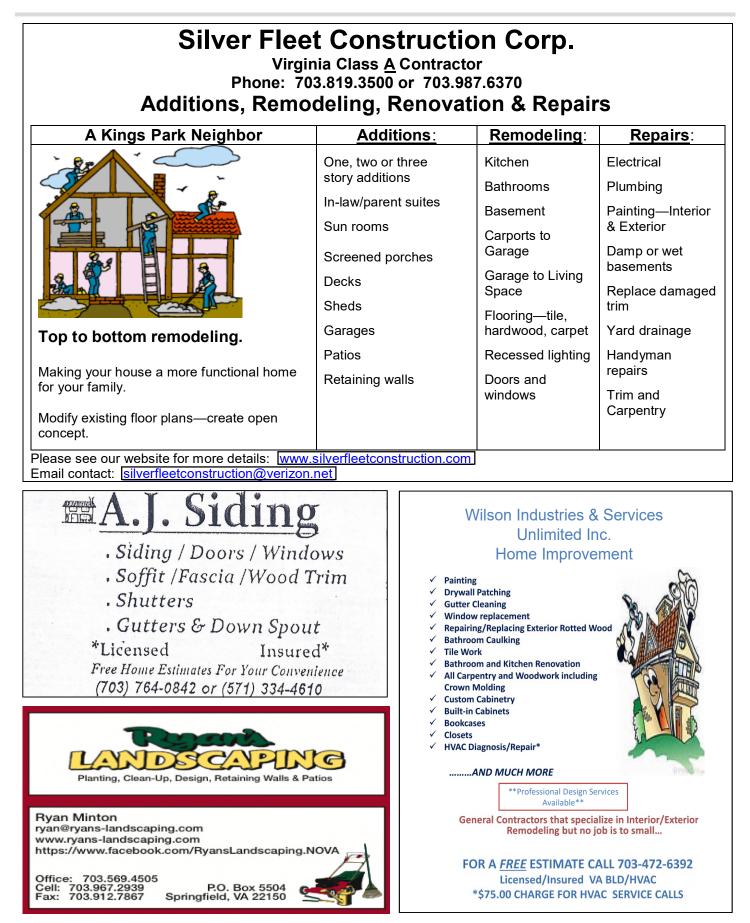
Angela and Sarah team up with Royal Lake's two veteran IMA site leaders, Suzanne Doherty and me. All of the site leaders' work complements the others. Habitat restoration is completely different from gardening. Every single one of us who have been through the training found it incredibly insightful and Please do not work on parklands educational. without written FCPA permission. Kindly leave your herbicides, leaf blowers, chainsaws, and weed whackers at home; using them on parkland without a contractor's permit is illegal and frequently causes more damage than benefit. To join us on a future workday, send an e-mail to these Royal Lake Park IMA Site Leaders onto whose volunteer list you would like to be added:

Angela Thornburgh – <u>anthornburgh@gmail.com</u>

Suzanne Doherty – jewelboxgardensbysuzanne@gmail.com

Greg Sykes – <u>greg@grsykes.com</u>

Hope you join our efforts!



Go to www.facebook.com and search Kings Park West

# he – erald's ist

by Mary Hovland and Cathy DeLoach

Home Service Contests and Free Stuff!

Vendors and contractors want your business and are willing to donate or greatly reduce their service cost to earn your favor. Using the Herald's List Facebook page, you can compete for free stuff via fun contests.

### March Contest - Free Power Washing!

In March, A&C Contractors (owned by KPW resident, Eduardo Alarcon) offered a free power washing, and the contest criteria was a photo and a haiku. Congratulations to **Christine Fulgua** whose dirty house and poem won! Eduardo then offered a power washing discount to the neighborhood - so far 20 homes have been washed! Thanks, Eduardo!



**A&C Contractors Eduardo Alarcon, Owner** (571) 250-6623 hwww.fairfaxvahomeremodeling.com

#### May Contest - Free Lawn Mowing for 2016!



More photography and poetry! Congratulations to **Sandy Breunig Glotfelty** whose photo and limerick won! Thanks, Mr. Mow! Mr. Mow, (703) 503-3130

### **June Contest - Free Window Washing!**

Finish the sentence: "My windows are so dirty, I looked out the window and thought I saw my neighbor...But it was actually ... " Winning entry (most votes on Facebook) will receive free window washing from E&R Services, (703) 932-8087 !



### The Kings Park West Herald's List Facebook Page

is an interactive community resource for KPW residents. Requests and recommendations come in daily, and offers searchability and immediate access to recommendations. Post your own requests or recommendations.

### www.facebook.com/groups/HeraldsList



#### **Volunteers Harvest Fresh Water Mussels From Royal Lake** By Tony Vellucci

On Thursday May 19<sup>th</sup>, 14 community volunteers representing the Friends of Accotink Creek, Friends of Lake Accotink Park, Friends of Royal Lake and Friends of Woodglen Lake gathered along with nine Fairfax County staff from DPWES to harvest fresh water mussels at Roval Lake.

More than 450 mussels were harvested from in the area along the dam in less than 1.5 hours. Preliminary data from DPWES indicates that 428 went to Woodglen Lake and 59 went to Huntsman Lake.

Volunteers identified, measured and weighed each mussel before shipped it off to its new home. A biologist for DPWES, Mr. Charles Smith noted that many of the mussels were larger meaning they were older; what was lacking was a range of mussel sizes, which would indicate a healthy population at different stages of growth. Mussels can live to be 80 years old.

DPWES started draining the lake on May 9<sup>th</sup> and once the water level dropped, DPWES biologists were able to survey the lake and noted that the mussel population was much smaller than anticipated compared to the previous two lake dredges at Huntsman and Woodglen Lakes. Unfortunately, because of the extreme sediment in Royal Lake, volunteers did not find the sprawling mussel beds that were prevalent at both Huntsman and Woodglen Lakes prior to their dredging operation. As such, a large-scale mussel rescue effort was not needed.

Paul Gross, a KPW resident and Friend of Royal Lake noted that many attendees at the Pardon Our Dust meeting had signed up to support the rescue effort, saying he had a list of over 40 KPW volunteers. The volunteers that did show representing the various Friends groups came from as far away as Centreville; other volunteers came from Bonnie Brae, Kings Park, and Lake Braddock Community Association.



DPWES staff and volunteers show their muscles for mussels at Royal Lake during the fresh water mussel rescue.

# File of Life by Jack French Captain, Block #6

EMT's throughout the country are distributing 4 X 5 "File of Life" holders that are to be filled out and placed on your kitchen refrigerator. The householders fill out the folding form regarding their illnesses, allergies, medical history, medications taken, blood type, emergency contacts, DNR choices, health care power of attorney, etc. When first responders come to a home and the victim is unconscious or too stressed to provide accurate medical information, EMT's are trained to go immediately to the refrigerator and look for this "File of Life." The folder fits inside the plastic jacket which has a magnetized back.

In our area, these will be passed out to residents during routine home inspections for smoke alarms, etc. All fire departments, including Burke's, have a supply of these and give them out free. They are also distributed to everyone who is transported to area hospitals in an ambulance. Normally two are given to each household. If there are more occupants, residents are to photo-copy the form and have the others fill it out and place it the same jacket.

Permanent information (name, DOB, blood type, etc.) can be filled out in pen. Changeable data items (current prescription drugs, medical insurance, etc.) are filled out in pencil.

Cathy and I have our filled out "File of Life" holders and placed them on our refrigerator. I went to Burke Fire Department today and picked up a small supply of these, which I'll distribute to Block # 6 residents who come to my door and pick them up. First come, first serve. When I run out, you'll have to go to the nearest FD and obtain yours. You can find more information at:

http://www.fairfaxva.gov/file-of-life-program.

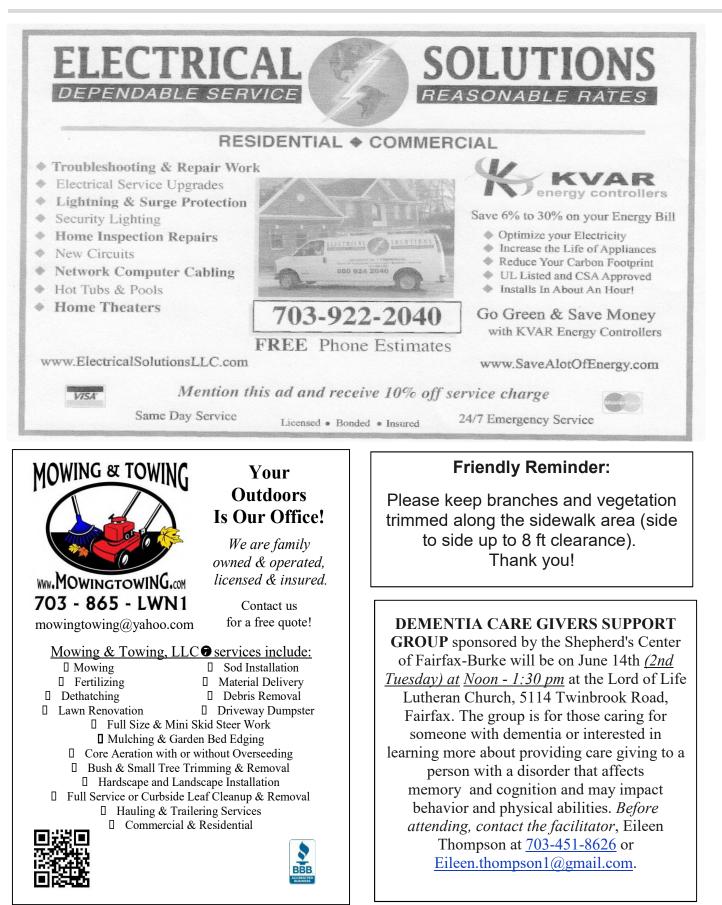
(USE PENCIL FOI	OF LIFE TRE & RESCUE DEPARTMENT (LASE IN MAKING CHANGES)			
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Language Spoken:				
Primary Doctor:	Phone #: ( )			
Next of Kin:	Phone #: ( )			
EMERGENCY CONTACTS				

# Vacation Bible School August 1 -5

Lord of Life Lutheran Church (registration due by July 25)

Join us on an adventure to Egypt where we follow "Joseph's Journey from Prison to Palace" and learn how God helped him through it all.

VBS is for children 3 years old (fully potty trained) through rising 4th grade. VBS runs from 9AM - 12:15PM each day. Only \$40 for the entire week if you register before June 30th, \$10 if parents volunteer. To register please go to www.lordoflifeva.org<http://www.lordoflifeva.org> or call 703-323-9500.



#### **Canine Considerations**

#### By Greg Sykes (greg@grsykes.com)

The Humane Society of the United States estimates that in 2016, 77.8 million dogs are residing in U.S. households, which is up more than 11 percent from 2011. Recent years have seen the wonderful trend of people adopting rescue dogs (in full disclosure, including this author). With so many pooches in our communities and parks, dog owners can help everyone coexist better by obeying a couple of laws.

<u>Pick up your pet's waste and dispose of it in a trash can.</u> Back two hundred years ago, all homes and businesses heated their buildings and stoves with wood or coal. The resulting smoke dissipated into the air. Fast forward to modern times to when Fairfax County alone has more than 1.1 million residents. Imagine if every single Northern Virginia dwelling burned those same fuels for all of their energy needs. The air would be unbreathable! Likewise, in the days before garbage pick-up, people left their dog waste where it fell. When relatively few dogs inhabited an area, their feces did little to impact the environment. The modern canine population is huge and its unchecked waste causes problems. Here are several of the many reasons to be a responsible owner and "scoop the poop":

- Dog waste fouls the immediate area. The smells and foot prints in doggy doo are evidence of that point! Chances are the dog walker uses the same route, so it taints the place for their next visit. Then, after a rain or thawing snow, the feces partially disintegrates into the puddles, so a walk is like stomping through an unflushed toilet. Pretty gross!
- Pet waste contaminates the broader environment. Not all of it "harmlessly decomposes."
  - So much pet excrement washes into the waterways that it and lawn chemicals are the top suburban sources of nitrogenous pollution.
  - To folks thinking that they are far from a waterway when they leave the dump on the grassy median, guess again. It is only a few feet from the impervious curb, where rains wash it down storm drains and into streams.
  - A significant amount (typically, 10-20 percent) of the suburban environment's fecal coliform bacteria originates from dogs. Whereas the exact bacterial counts and animal sources differ based on various factors (e.g., location, season), the extensive Four Mile Run study from 2002 provides a good example of the fieldwork, data, and references behind water quality studies: <u>http://www.deq.virginia.gov/portals/0/deq/water/tmdl/implementationplans/4mileip.pdf</u>
  - Beyond the bacterial concerns, some parasites, such as hookworms, rely on the animal passing the eggs or developing larvae. Those young parasites infect healthy animals. If your pet carries parasites, picking up the waste helps prevent spreading the disease.
  - Furthermore, any unmetabolized medications, including antibiotics and parasite preventatives, become introduced into the environment where low level exposures can help these organisms build a resistance.
  - Storm drains ≠ sanitary sewers. Sanitary sewers wash into a sewage treatment plant—the same place handling water from kitchens and bathrooms. Storm drains chute water into a creek or river without any processing. Help keep pet waste out of storm drains, including bagged excrement, which sullies the environment with an extra plastic bag.
- Dog stools attract unwanted wildlife. Some of the food passes through undigested. Those "morsels" can draw scavengers including rats.
- Leaving the feces on a neighbor's yard or in the natural areas is simply impolite. Even if it is "off the trail," it still causes the above mentioned impacts. Volunteers, including children, participating in trash cleanups and habitat restoration inevitably get their hands and feet in the excrement. Claiming to enjoy the parks and appreciate those maintaining them yet leaving dog waste behind sends two very different messages.

**Keep your dog on a leash.** The place to freely exercise your pup is within a fenced yard or designated dog park. Elsewhere, physically restraining your dog makes everyone safer regardless of how well your pooch behaves off-leash:

- You know when the dog is doing his or her business and can immediately cleanup the poop (readdressing the first point).
- You never know what is ahead on the path that your canine companion could get into.
  - This year, Royal Lake has had multiple cases of rabid animals. Whereas everyone's dog should be up-to-date with rabies vaccinations, a rabid animal could still needlessly injure your pet. Rabid animals are extremely unpredictable; knowledge of how normal members of that species behave is out the window when dealing with a rabies infection.
  - The ill animal is now dead and rotting. Hardly a healthy doggy treat!
  - Unfortunately, some individuals deliberately leave items to injure animals. Several years ago, broken glass was left on trails to cut paws. Last year, folks reported finding bread balls concealing toothpicks inside. People have left poultry carcasses and other inappropriate foods in the forests; whether or not these baits were additionally laced with anything is unknown.
  - Dogs have a knack for sticking their noses in dangerous places, including chemically-treated lawns. A leash is the best way to pass one of these yards quickly and with the dog's head up.
- Dogs wander where they should not. For example, on January 22, 2016, an unleashed Saint Bernard strayed from the owner's attention and fell through thin ice at nearby Woodglen Lake. Fortunately, first responders were able to save this pooch. That story is one of many like it though not all of them have happy endings.
- In the woods, unleashed dogs have a greater chance of brushing up against poison ivy. That plant might not harm the dog while giving the owner a rash when the urushiol oils rub off!
- When loose dogs race around the forest, they destroy sensitive, native plant life. Some woodlands where people and dogs routinely play "fetch" or "chase" are conspicuously devoid of herbaceous plants and seedlings.
- Leashed dogs reduce confrontations with people. On April 5, 2016, a Royal Lake Park visitor was bitten by an unleashed dog. Police are still investigating this case. Restraining the dog on a leash might have avoided that situation. Let's also consider that some people do not like dogs, no matter how "friendly" the pooch might be.
- Leashed dogs reduce confrontations with other animals. Loose dogs should not intrude upon and harass wildlife in their natural homes.
- Loose canines have a greater risk of stirring up or getting into altercations with other dogs.
- Cars have an increased chance of hitting unleashed pups.

Like a competitive swimmer who still wears a life vest while boating, a truly confident dog owner will set the good example for others to follow. If you really want to demonstrate your canine-handling skills, show that you love your dog enough to keep him or her leashed and respect the area by responsibly cleaning up any waste. Thank you to everyone who already picks up after their pets and walks dogs on a leash.

\* \* \* \* \*

For further reading and links to additional resources see the full article by scanning the QR code with your smart phone or go to: <u>http://www.grsykes.com/pdf/eco-articles/67b\_2016-06.pdf</u>



#### THE GARDEN CORNER

Early settlers in Northern Virginia faced some daunting tasks before they could plant their fields or gardens. Most of the land that they settled was covered with forests; so it was necessary to cut the trees and underbrush in order to clear the land for planting. Fortunately, the early settlers needed houses, barns and sheds; so the timber they cut was used to build them.

The soil in Virginia forests, except for the land near rivers, creeks and streams, had high clay content; but often had many years of composted leaves layered on top of it and fertile top soil left by floods, especially in low-laying areas. As new leaves fell, the farmers and gardeners used the leaves as compost for their fields and gardens, while adding other the organic material, such as cow and horse manure, needed to grow vegetables and other crops. Most of these settlers came from planting families in England, so they knew the benefits that earthworms brought to the garden soil.

There are many ways to gain the earthworm benefits of soil aeration and increased fertility for your garden soil. But first, we need to understand that there are many kinds of earthworms that provide varying degrees of soil benefit. The habitat of earthworms differs according to the species. Different species inhabit different layers of the soil. Some earthworms live on the soil surface or just below it to a depth of about 3 inches; while other earthworms live in the topsoil layer as deep as a foot below the soil surface. There are earthworms that live in the subsoil layer at depths of up to 3 meters below the soil surface. The diet of earthworms also differs for each species. For our gardens we are primarily interested in worms that live in the top ten inches of soil and eat decaying plant matter.

One of the easiest ways to improve your garden soil with earthworms is to attract earthworms that already naturally live in your garden soil. To do so, you need to create an inviting environment in your garden soil for these wandering earthworms. In order to do their best work, earthworms need temperatures from about 65 degrees to 85 degrees Fahrenheit, a damp (but not wet) soil, and an appropriate food supply. The first two environmental factors can be obtained during the growing season by the use of good mulch, such as ground leaves, straw, or shredded newspaper or cardboard. A good food source for your worm herd is organic vegetable matter. It is always a good idea to mix good organic compost into your soil. Free leaf compost is often available from the Fairfax Transfer Center. The worms will love it. Keep your garden journal indicating when, where, what and how you have improved your garden with worms.

You can also recycle your vegetative kitchen scraps and old newspapers or cardboard to feed your newly established worm population. Never add meat, dairy or oily substances. The easiest method is to use the "dig, dump, and cover (DDC)" method. Just dig a hole or trench in your garden; dump in some shredded newspaper or cardboard into the bottom of the hole; add your vegetative kitchen scraps on top of the shredded paper; then add another layer of shredded newspaper; and cover with soil. Covering the food scraps is important so that vermin are not attracted to it. The worms will be attracted to the food supply and devour it, as the other beneficial organisms break it down. Worms make the soil more porous and leave there castings, which improve your soil. One DDC hole for each 100 square foot of garden space should be sufficient. You will see significantly fruit the plants near vour DDC greener and the larger and more flavorful. You may also decide to build worm tunnels, worm stations or worm towers in your garden to attract and feed your Instructions for building these garden features can be found on line. Here are some examples: worms. http://deepgreenpermaculture.com/diy-instructions/build-a-worm-tunnel-vermicomposting-system/;

http://www.apartmenttherapy.com/make-composting-easier-by-buil-146855; http://shaunsbackyard.com/535/worm-towers/.

There has been little interest indicated so far in a seed and plant swap. Just in case there are procrastinators in Kings Park West, here is our first list of "haves" and "wants" for trade. A list of plants that should not be shared is posted here <u>http://www.grsykes.com/pdf/eco-articles/22\_2010-05.pdf</u>.

NAME	HAVE	WANT	EMAIL
Charlie	Anna hardy kiwi cuttings, goji berry root cuttings; crenshaw cantaloupe; long green improved cucumber; imperial star artichoke seeds	Egyptian walking onion or make a suggestion	thefairfaxgardencorner @gmail.com

For those of you that would like to participate in a seed and plant swap, send an email to the garden corner at <u>TheFairfaxGardenCorner@gmail.com</u>, indicating the seeds and/or plants you would like to receive and the ones you have for trade, along with your email address.



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#### PET CARE AND PET WASTE

**REMOVAL:** No time to scoop? Call KPW resident Caelyn and his superscooper Poo Crew for yard clean-up and for all your pet-sitting needs! 571-242-1555 or Caelyn.Wathen@gmail.com

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VOLUNTEER HERALD EDITOR AND DISPLAY AD COORDINATOR NEEDED!

CALL TERRA AT 571-425-5703 OR EMAIL EDITOR@KPWCA.ORG FOR MORE INFO

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